

p-ISSN : 2550-701X

VOLUME 10 / NUMBER 2 / AUGUST 2026

International Journal of Social Sciences and Humanities



Ecuador, South America

International Journal of Social Sciences and Humanities

EDITOR-IN-CHIEF

Martha Cecilia Escobar
Garcia (Ph.D.)
*Universidad Técnica de Manabí
(UTM), Portoviejo, Ecuador*

CHIEF EXECUTIVE EDITOR

María Rodríguez Gámez
Universidad Técnica de Manabí, Portoviejo, Ecuador

FOUNDER & MANAGING EDITOR

I Wayan Suryasa
ITB STIKOM Bali, Denpasar, Indonesia

EDITORIAL BOARD

Jesús Alberto Pérez
Rodríguez (Prof. Dr.),
*Universidad Central de
Venezuela,
Caracas, Venezuela*

Cheng Guoping (Ph.D.),
*Wuhan University of
Technology, Wuhan, China*

Ruhul Amin,
*NPI University of
Bangladesh, Manikganj, Bangladesh*

Edwin Alexander
Rodriguez Veliz (Ph.D.),
*Universidad Técnica de
Manabí, Portoviejo, Ecuador*

Ogbo Anastasia
Ifechukwudebelu (Dr.),
*University of Nigeria,
Nsukka, Nigeria*

Robert Masterson (Prof.),
*City University of New York, New
York, USA*

Mohamed Anifa Mohamed
Fowsar (Ph.D.),
*South Eastern University of
Sri Lanka (SEUSL),
Oluvil, Sri Lanka*

Maricela Victoria Reyes
Espinosa (Ph.D.),
*Universidad Técnica de
Manabí, Portoviejo, Ecuador*

Melissa Studdard (Prof. Dr.),
Lone Star College System, USA

Paras Jain
Shiksharatan (Dr.),
*Sarguja University,
Chhattisgarh, India*

Krishantha
Wisenthige (Ph.D.),
*Wuhan University of
Technology, Wuhan, China*

Karthikeyan Chinnusamy (Ph.D.),
*Veritas Tech & International
Technological University, USA*

Alexander V. Obskov (Dr.),
*English as a Second
Language, National
Research Tomsk
Polytechnic
University, Russia*

Irma Shioshvili (Prof.),
*Iakob Gogebashvili Telavi
State University,
Telavi, Georgia*

Jayasri Santhappan (Ph.D.),
University of Houston, USA

I N T E R N A T I O N A L A D V I S O R Y B O A R D

Odiwo Williams
Omokhudu (Ph.D.),
Edo University, Iyamho, Nigeria

Seeni Mohamed Aliff (Ph.D.),
*South Eastern University of Sri
Lanka (SEUSL), Oluvil, Sri Lanka*

Hauwa Daniyan
Bagudu (Ph.D.),
*Universiti Utara Malaysia,
Changlun, Malaysia*
Mónica Katherine Murillo
Mora (Ph.D.),
*Universidad Técnica de
Manabí, Portoviejo, Ecuador*

Roslan Abdul
Hakim (Professor Dr.),
*Universiti Utara Malaysia,
Changlun, Malaysia*

Ted F.L. Jing (Ph.D.),
*Shanghai International Studies
University (SISU),
Shanghai, China*

Ahdi Hassan (Prof.),
*Corpus linguistics and Forensic
Linguistics, Islamabad,
Pakistan*

Zubitashvili Tamar (Prof),
*Iakob Gogebashvili Telavi State
University, Georgia*

P R O D U C T I O N E D I T O R

John McMurray
University of Glasgow,
United Kingdom

Jacque H. Georger
*Shipley Company,
United States*

M A N A G E M E N T C O M M I T T E E

M. I. Bordelois, Medicine,
Universidad Técnica de
Manabí, Ecuador

A. V. Perez (Professor Dr.)
Formación ambiental, Bilbao,
España, Spain

J. M. R. Díaz (Prof. Ph.D.)
Universidad Técnica de
Manabí (UTM), Portoviejo,
Ecuador

M. C. E. Garcia (Ph.D.)
*Universidad Técnica de Manabí
(UTM), Portoviejo, Ecuador*

W E B M A S T E R

Vedran Vucic
*PKP Developer,
Belgrade*

C O P Y R I G H T A N D C O P Y I N G (I N A N Y F O R M A T)

Articles published in the International Journal of Social Sciences and Humanities (**IJSSH**) are available under *Creative Commons Attribution Non-Commercial No Derivatives Licence (CC BY-NC-ND 4.0)*. Authors retain copyright in their work and grant **IJSSH** right of first publication under CC BY-NC-ND 4.0. Users have the right to read, download, copy, distribute, print, search, or link to the full texts of articles in this journal, and to use them for any other lawful purpose. Articles published in **IJSSH** can be copied, communicated and shared in their published form for non-commercial purposes provided full attribution is given to the author and the journal. Authors are able to enter into separate, additional contractual arrangements for the non-exclusive distribution of the journal's published version of the work (*e.g., post it to an institutional repository or publish it in a book*), with an acknowledgment of its initial publication in this journal.

D I S C L A I M E R

The Publisher and Editors cannot be held responsible for errors or any consequences arising from the use of information contained in this journal; the views and opinions expressed do not necessarily reflect those of the Publisher and Editors, neither does the publication of advertisements constitute any endorsement by the Publisher and Editors of the products advertised.

For submission instructions, subscription and all other information visit: <https://sciencescholar.us/journal/index.php/ijssh/>

International Journal of Social Sciences Humanities

Research Articles

Pages

Managing menstruation among adolescents and young women in the municipality of Dangbo (Benin): From reporting to hygiene in school settings

7

Ella Tano Mehsou Mylène, Gilchrist Fabrice Gouthon, Blaise Oussou, Léa Florida Tonoukouin, Arnould Gbaguidi, Fatoumata Yarie Camara Touré



Universidad Técnica de Manabí

Av. Urbina y Che Guevara, APARTADO: 82 (Ecuador/South America)

email : ijssh@utm.edu.ec

Phone : (05) 2635-611

Fax : (05) 2651-569