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Sports excellence according to the altruistic behavior of advanced football players in Thi Qar governorate

Abbas Azbail Madfoun ALgaiashy

Thi Qar Education Directorate, Iraq

Corresponding author email: abbasalgaiashy@utq.edu.iq

Asaad Falih Hassan

Thi Qar Education Directorate, Iraq

Email: Asaad.F.H@utq.edu.iq

Abstract---The characteristic of altruistic behavior has become of great importance in the relationship between the players of the sports team, which has mutual ties and relationships, and this is what is called social interaction, which is directly related to his social abilities and his relationships with others, and that the individual does not live in a society isolated or isolated from others, but has his relationships and interactions With the members of the community in which he lives and to influence the team's interest on his personal interest, and work in a spirit of altruism and positive psychological features that act as a motive towards teamwork, dedication and access to high achievement. The importance of the research comes in building a measure of altruistic behavior for the football player to address the psychological problems associated with selfishness related to the players' performance to put it in the hands of coaches and players to treat these cases, as well as linking them to sports excellence. As for the research problem, there are many psychological variables that are considered among the most important requirements that lead to collective cohesion, emotional control, and the player's awareness of others and himself through the drawn standards and frameworks that guarantee us athletic excellence and access to a high level. The researchers noted that there is a very important variable, which is the player's behavior in The process of linking it with other psychological variables, which is altruistic behavior, where the researchers sought to build a tool through which to identify the importance of altruistic behavior among football players in order to find appropriate solutions to enhance this behavior.

Keywords---sports excellence, altruistic behavior, football players.

Introduction

Introduction and importance of research

Psychology is witnessing a great and remarkable development in all aspects of life, especially in the field of sports. The process of searching and investigating the attitudes, behaviors and facts of athletes because there is a logical overlap between psychological sciences to reach the higher levels, and then achieve the desired goal through positive interaction between members of the same society, where many stakeholders have been interested in psychology, developmental science and social psychology in the years. The latter studies altruistic behavior, and various points of view have been presented in an attempt to explain altruism and to explain its origins and the special circumstances that help its emergence, development and deepening in the souls of individuals. This is what is called social interaction, which is directly related to his social capabilities and his relationships with others, and that the individual does not live in an unprotected society. Or in isolation from others, but rather has his relationships and interactions with the members of the society in which he lives, the characteristic of altruistic behavior has become of great importance in the relationship between the players of the sports team, whose work is towards achieving one common goal. Positivity that acts as a motive towards teamwork and dedication and reaching high achievement through adherence to social standards and controls whose impact is greater when it stems from self-confidence and this goal is not achieved if the opposite is done through selfish behavior, which we see in some players for self-proof or Become a scorer and gain fame at the expense of others and this behavior will lead to the loss of the team's effort, especially in the game of football because it is one of the collective games that need solidarity and coordination between players and speed in performance and implementation, whether in defense or attack, especially that this game is characterized by direct friction between Players and the ability to confront various offensive moves such as deception, cutting and booking, as well as the offensive skills that often accompany them. Desire and longing from the player because of the correction and attempts to bypass the opponent in different ways. Hence, it is necessary to work in the spirit of tolerance, moral nobility, altruism, self-control and controlling emotions. It is an amazing strength in which a person can overcome different circumstances, achieve the goal, and reach the highest levels in competition and training. The orientation towards the dimensions of sports excellence is one of the important variables that must be available to the athlete, which helps in refining his personality and has a major role in his performance and improving his level and development. The orientation is the mental preparation and preparation that is formed within the player through previous experiences. The importance of the research comes in building a measure of altruistic behavior for the football player to address the psychological problems associated with selfishness related to the players' performance to put it in the hands of coaches and players to treat these cases, as well as linking them to sports excellence.

The most important objectives of the research

1. Building and applying a scale of altruistic behavior among (advanced) football players.
2. To identify the level of altruistic behavior of (advanced) football players.

The researchers used the descriptive approach using the survey method and correlations, as the research sample was identified, which is represented by the advanced football players participating in the season 2020-2021 for the League of First Division Clubs, the second round in Thi Qar Governorate, Iraq for the period from 2/2/2021 - 3/3/ 2021 The number of participating clubs was (7) clubs, and their number is (170) players, and a percentage (86%) of the original research community.

Research Problem

Through the modest experience of the researchers and their interest in the game of football and following up on clubs and tournaments, he noticed that some Riyadh teams A player whose level was weak and there is a small share of psychological variables as one of the most important requirements that lead to collective cohesion, control of emotions and his awareness of others and himself through the drawn standards and frameworks that guarantee us athletic excellence and access to a high level. The researchers noted that there is an important variable, which is the player's behavior in the process of linking him With other psychological variables, the researchers sought to build a tool through which to identify the importance of altruistic behavior among football players in order to find appropriate solutions to enhance this behavior.

Research Objectives

1. Building and applying a scale of altruistic behavior among (advanced) football players.
2. To identify the level of altruistic behavior of (advanced) football players.
3. Codifying the measure of orientation towards the dimensions of sports excellence and self-esteem among football players (advanced students)
4. Recognizing the relationship between altruistic behavior and the tendency to remove sports excellence among the students.

Research Areas

- The human field: the advanced football players in the clubs of Thi Qar Governorate.
- Spatial domain: arenas and sports stadiums in Thi Qar Governorate.
- Time range: 12/1/2020 - 28/5/2021

Define the terms

Altruistic behavior: defined by Skinner as an act that aims to benefit and benefit others without benefit or benefit to the person who performs this act.

Orientation: It is an acquired organization that has the character of a relative continuity of the beliefs that the individual believes about the subject of any situation and prepares him for a response that has the advantage.()

Research methodology and field procedures

Research Methodology

"The formula of the problem to be solved is what determines the research method used to obtain the required information and accurate and effective data, and that the nature of the problem requires the use of a descriptive approach to address it." A method, organization, strategy, or general plan that depends on a set of foundations, rules, and plans that can be used to achieve the objectives of research or scientific work and accordingly, the researchers used the descriptive approach using the survey method and correlational relationships.

Research community and sample

Research community

The research community, which is represented by the advanced football players participating in the season 2020 - 2021 for the League of First Division clubs, the second round in Thi Qar Governorate for the period from 2/2/ 2021 - 3/3/ 2021, was determined. The number of participating clubs was (7) clubs, and their number is (196) players, and the victory team was excluded because of its withdrawal from the league due to the current circumstances in the judiciary. Thus, the research sample consisted of (170) players and a percentage (86%) of the original research community. Table (1) shows the distribution of the research sample.

Table (1)
It shows the distribution of the research sample

the excluded	eye n _ exploratory experience_	Application sample	construction sample	holistic community
26	10	60	100	196

The means and tools used in the research

Data collection methods

The success of the research in achieving its goals depends on many factors, the most important of which is the proper and appropriate selection of the means in obtaining data. Therefore, the selection of the appropriate tools is an essential factor in research.

1. Arabic and foreign sources and references.
2. Previous (similar) studies and research.
3. International Information Network (Internet)
4. Questionnaire form.
5. Personal interviews.
6. Tests and measures.

7. Supportive work team.

Means of data analysis

1. Statistical means.
2. Electronic calculator software.

Tools and Auxiliary Devices

1. Computer (DELL) type (1)
2. Hand electronic calculator number (1)

Field research procedures

Procedures for building an altruistic behavior scale

Muhammad Hassan Allawi and Radwan (2000) indicate that there is a set of basic steps that can be followed when building tests or standards and how to link between units of measurements to measure the overall aspects of a skill, trait, trait or ability Prime.

Formula numbers for the scale

The construction of any scale requires a literature review and review of previous and similar measures according to a specific theoretical framework and orientation to the study community, as well as the marriage between what was obtained from the literature in the fields of psychology or what was obtained from the study community to pave the way for the formulation of the scale's paragraphs in its initial form as a first stage of drafting stages The scale and from these stages adopted by the researchers:

1. Conducting interviews with experts and specialists personally in educational psychology, sports psychology, tests and measurements and football to obtain information and know their opinions and suggestions to get as much information as possible.
2. Reviewing previous and similar studies and a collection of literature on the subject of altruistic behavior and some studies.
3. The researchers relied on the postulates circulated among the players and the sayings of the football players, and the researchers also combined the information, opinions and features that he obtained from experts and specialists, and the information and literature he obtained from references and studies, where the researchers were able to formulate (42) paragraphs.

Presenting the initial formula of the altruistic behavior scale to the experts

The initial formula of the scale items with answer alternatives was presented to a group of experts with specialist and experience.

Choosing the rating scale

After the researchers reviewed the messages, research and a set of standards, the triple rating scale was determined for the scale of altruistic behavior. The researchers asked a question about the rating scale to the experts, asking them for their opinion on the scale that the researchers assumed (always, sometimes, never) and the experts answered in support of the proposed scale, in order to reach an agreement With a percentage of (95%) of the opinions of experts, 19 experts out of (20) experts. Paragraphs of the scale on the linguistic component so that the phrases are free from spelling errors and linguistically sound, as the scale has a sound formula and is free of incorrect linguistic expressions and errors.

Experimental Experiment

After the scale was ready for application, the researchers chose an initial sample of players in a deliberate way from Al-Furat Club, where he chose (10) players from the foot on (23/1/2021)

The basic experience of paragraph analysis

The purpose of the experiment to apply the scale statistically is to arrive at identifying and knowing the discriminatory power of the scale's items, that is, knowing the distinct and undistinguished items, as well as knowing the correlation of the items with the scale (internal consistency)

Procedures for applying the scale to the building sample

The researcher chose (100) players from the advanced football clubs in a random manner, and the form was distributed to the players and with the help of the assistant staff. The researchers checked each form after completing the players' answers

Scale correction method

The scale was corrected by giving the weight according to the respondent's marking on the rating scale, since some of the paragraphs are in negative and positive directions, and the reason for the formulation is so that the respondent's response does not follow at the same pace. The weights were given according to Table (2).

Table (2). It shows the direction and the system of alternatives for the items of the altruistic behavior scale

alternatives			Paragraph direction
Start	Sometimes	Always	
3	2	1	negative
1	2	3	positive

Note that the paragraphs have been formulated in a positive manner, except for paragraphs (2, 5, 6, 8, 10, 13, etc (32 ,30 ,29 ,26 ,17) have been written in the negative style.

Analyze the items of the scale statistically

The objective of statistically analyzing the paragraphs is “to improve the quality of the test by discovering the weakness of the paragraph and then work on either reformulating it again or excluding it if it is not valid ”

Discriminatory ability of the altruistic behavior scale items

The discriminatory force means the extent to which the paragraphs are able to distinguish between the higher levels and those with lower levels of players in relation to the domain measured by the paragraphs (). The researchers used the two-group method with a percentage of 27% for the upper group and 27% for the lower group. (27) questionnaires, while the scores for the upper group ranged (2,235-3,000) degrees, and the scores ranged for the lower group (1,230-1,917) degrees, and for the purpose of calculating the discrimination coefficient for each of the paragraphs of the scale of (36) items, the t-test (t) was used by the statistical bag for Social Sciences (SPSS)

Table (3) It shows the arithmetic mean and standard deviation of the upper and lower group and the calculated T-value and its significance in calculating the discriminatory power of the altruistic behavior scale

Paragraph ability	Sig	Calculated t value	lower group		senior group		No
			standard deviation	Arithmetic mean	standard deviation	Arithmetic mean	
Featured	0.000	6,494	0.667	1,443	0.723	2,550	1
special	0.001	6,143	0.782	1,448	0,930	2,435	2
Featured	0.000	5,050	0.482	1,448	0.767	2,632	3
Featured	0.000	3,423	0.966	1,301	1,337	2,787	4
special	0.000	4,230	0.436	1,306	0,665	2,586	5
Featured	0.001	3,392	0,769	1,545	0,736	2,457	6
Featured	0.000	5,121	0,827	1,465	0,662	2,957	7
special	0.000	3,818	0,972	1,321	0,710	2,432	8
special	0.000	5,357	0.813	1,230	0,880	2,643	9
special	0.000	4,981	0,581	1,653	0,661	2,452	10
special	0.000	6,198	0,934	1,270	0.645	2,612	11
special	0.000	6,935	0.885	1,396	0,906	2,371	12
special	0.012	3,818	0,914	1,313	0,760	2,235	13
special	0.000	4,844	0,941	1,891	0,910	2,335	14
special	0.012	3,386	0.676	1,917	0.691	2,267	15
special	0.002	5,647	0.867	1,843	0,706	2,454	16
special	0.000	4,494	0,776	1,789	0,760	2,316	17
special	0.012	3,123	0,654	1,368	0.966	2,41	18
special	0.000	5,231	0,854	1,265	0,810	2,957	19
special	0.013	3,121	0,640	1,313	0,641	2,835	20

special	0.000	4,678	0,653	1,233	0,956	2,787	21
special	0.000	3,357	0,541	1,579	0.763	2,822	22
special	0.000	6,785	0,937	1,660	0,914	2,612	23
special	0.000	3,654	0,898	1,355	0.695	2,671	24
special	0.000	6,934	0,947	1,343	0.000	3,000	25
special	0.000	3,804	0.673	1,916	0,922	2,669	26
special	0.000	6,154	0,947	1,549	0.000	2,000	27
special	0.000	4,944	0.748	1,878	0,860	2,635	28
special	0.000	3,654	0,987	1,521	0,917	2,687	29
special	0,010	3,453	0.772	1,328	0,631	2,713	30
special	0.000	4,432	0,654	1,543	0,976	2,557	31
special	0.000	3,434	0.875	1,545	0.763	2,856	32
special	0.000	6,232	0,654	1,543	0.713	2,835	33
special	0.000	3,432	0.674	1,260	0.000	3,000	34
special	0.000	4,854	0,547	1,678	0,826	2,782	35
special	0.000	4,765	0,572	1,770	0.000	3,000	36

The internal consistency coefficient of the altruistic behavior scale

This method mainly depends on knowing whether or not each of the scale's paragraphs follows the same path as the whole scale. It has the advantage of providing us with a homogeneous scale. The value of this indicator was extracted using the correlation coefficient (Pearson) between the score of each paragraph and the total score of the scale for all members of the sample numbering (100) players using the statistical bag (SPSS) table (4)

Table (4) It shows the values of the correlation coefficients between the paragraph score and the total score of the altruistic behavior scale

Sig	Labs link	paragraph number	Sig	Labs link	paragraph number
000 , 0	543 , 0	24	000 , 0	622 , 0	1
000 , 0	565 , 0	25	000 , 0	714 , 0	2
000 , 0	432 , 0	26	000 , 0	861 , 0	3
000 , 0	432 , 0	27	001 , 0	448 , 0	4
013 , 0	432 , 0	28	0.000	543 , 0	5
000 , 0	654 , 0	29	001 , 0	434 , 0	6
021 , 0	324 , 0	30	000 , 0	543 , 0	7
000 , 0	654 , 0	31	011 , 0	324 , 0	8
000 , 0	432 , 0	32	002 , 0	432 , 0	9
000 , 0	545 , 0	33	000 , 0	543 , 0	10
034 , 0	428 , 0	34	000 , 0	432 , 0	11
000 , 0	627 , 0	35	000 , 0	476 , 0	12
000 , 0	543 , 0	36	000 , 0	665 , 0	13
			000 , 0	775 , 0	14
			000 , 0	593 , 0	15
			000 , 0	412 , 0	16
			000 , 0	654 , 0	17

			000 , 0	795 , 0	18
			000 , 0	0.543	19
			000 , 0	0.831	21

Foundations

Scientific scale of altruistic behavior

The validity of the scale

And what is meant by the honesty of the test "is that the test measures what it was designed to measure, that is, the honest test is a test that measures the function that it claimed to measure" Indicators of honesty were obtained, namely

Apparent honesty

Ebel indicates that "the best way to use apparent honesty is for a number of experts and specialists to estimate the extent to which the paragraphs of the scale represent the sample to be measured Mathematical tests and measurement.

Sincerity of construction

It means "that the scale actually measures what it was set for This type of honesty was achieved by calculating the discriminatory power of the paragraphs and the internal consistency of the scale in Table (3) and (4)

Stability

One of the conditions for a good scale is that it has high stability, and despite the fact that the characteristic of honesty is more important than the property of stability, because the honest scale is necessarily stable because it indicates the ability of the scale to measure what it was set for, because calculating stability is a necessary matter In two ways:

Half-splitting

The researchers used the split-half method because it required the test for one time only, as the data obtained by the researchers from the basic experience of (100) players were relied upon. Odd items (18) and the second includes even items (18) then the simple correlation coefficient (Pearson) was calculated between the scores of odd and even items by using the Statistical Bag for Social Sciences (SPSS) where it reached (0.84) and because the extracted correlation coefficient represents the stability of half The test, for this, the value of the reliability coefficient must be corrected in order to measure the test as a whole, as the researcher may not be able to collect the sample members for a second time to measure them. The researchers used the Spearman-Brown equation in order to correct the correlation coefficient, and thus the stability coefficient of the scale (0.992) became a good standard that can be relied upon.

Alpha Cronbach coefficient

"The reliability coefficient indicates the consistency of the individual's performance, that is, the homogeneity between all the items of the scale." player, and when calculating the value of the stability coefficient, it became clear that it is (0.925), so the scale can be relied upon due to its high stability.

Setting standard levels for the scale

The standard level refers to the level that the tested individuals must reach in order for their answers to be considered acceptable, and the criteria are not absolute or stable, but rather are relative standards that depend mainly on certain reference groups, and are greatly affected by the change in the characteristics of these groups with which the individual is compared in a particular trait or group of The traits measured by the test so in order to complete the research objectives, standard levels were set for the altruistic behavior scale. The researchers used the natural curve based on percentage, noting that the length of the category is (12) degrees and five levels.

Table (5) It shows the standard levels, raw score, and standard score of the altruistic behavior scale

percentage	Repetition	Degree normative	Raw grade	levels
%16	16	80-68	93and over	Very well
%20	20	68 -56	92-79	Good
%35	35	56 -44	78 -65	Average
%16	16	44-32	64-51	Acceptable
%13	13	32-20	50min	weak

Procedures for codifying the scale of orientation towards the dimensions of sports excellence

The scale originally prepared by DeLL was adopted by Muhammad Hassan Allawi It consists of (54) paragraphs in three dimensions for each dimension (18) paragraphs, and for the purpose of ensuring the validity of applying the scale to the research sample represented by (advanced) handball players, the researchers took the following steps.

Determining the validity of the paragraphs of orientation towards the dimensions of sports excellence

For the purpose of ensuring the validity of the paragraphs of the scale of orientation towards dimensions of mathematical excellence, the researchers placed the paragraphs of the scale (54) items with answer alternatives in a special questionnaire form with the presentation of the theoretical definition of orientation to a group of experts and specialists, and after the responses of experts and specialists were analyzed and processed statistically using (Ka2)

Where it was found that all the paragraphs of the scale were valid because they obtained a percentage of 100% agreement.

The exploratory experience of the scale of orientation towards dimensions of sports excellence

For the purpose of verifying the scale's instructions and the clarity of its paragraphs, and making sure of knowing the time taken for the players to answer, as well as identifying the sample's understanding of the scale's instructions, the researchers conducted an exploratory experiment on 01/23/2021 on a sample of (10) players.

The basic experience of codifying the scale of orientation towards the dimensions of sports excellence

The purpose of the experiment is to apply the scale statistically to codify the items and to know the extent of their strength in order to identify the distinct from the undistinguished items, as well as to know the correlation of the items with the scale (internal consistency.)

Measure application procedures

The researchers applied the scale to the rationing sample in order to perform the statistical analysis process for the valid paragraphs of the scale and to exclude the invalid ones based on their discriminatory strength as well as their internal consistency and to extract the validity and stability of the scale. The scale was applied by distributing questionnaire forms to the sample of (100) players.

Scale correction

Correcting the scale is by setting an appropriate score for each paragraph and according to the answers of each respondent through the correction key that defines "the tool by which the examiner reveals the answers that indicate the existence of the result that is measured" In the scale of orientation towards dimensions of mathematical excellence, the highest score is given. (5) The lowest degree is (1) with (54) paragraphs, and that all paragraphs of the scale have been formulated in the negative method except for paragraphs (10, 14, 24, 30, 39, 48, 49, 53, 54) that have been formulated in the positive method.

Analyze the paragraphs statistically

We have been working in the same measures of altruistic behavior in order to improve the type of test by discovering the weakness of the paragraph in order to be returned or to be excluded if it is invalid.

Discriminatory ability of the paragraphs of the scale of orientation towards dimensions of sports excellence

The upper and lower 27% is considered an acceptable ratio for comparison between two different groups of the total group Hence, the researcher had two

groups, the upper and lower, the strength of each of them being (27) forms, and for the purpose of calculating the coefficient of distinction for each of the clauses of the scale of (54) items, the test was used. The T (t) by the statistical bag for social sciences, and accordingly, the accepted items were (50) items, and the exclusions were (8) items.

The internal consistency coefficient of the scale of orientation towards dimensions of sports excellence

The use of the internal consistency method distinguished the scale with important advantages. The value of this indicator was extracted using the correlation coefficient (Pearson) between the scores of each paragraph and the total score of the scale for all members of the sample numbering (100) players using the statistical bag for social sciences (spss).

Scientific bases for the scale of orientation towards dimensions of sports excellence

The validity of the scale

The concept of honesty refers to "the ability of the test and scale to measure what it was designed for." The test is considered honest when it is able to measure the characteristic or phenomenon for which it was set." The more methods of collecting evidence, the greater the confidence in the use of the test. The researcher used the following indicators of validity:

Validity of Content

This kind of honesty was achieved when the two researchers presented the scale to experts and specialists in educational psychology, sports psychology, tests and measurements and football, and 100% approval was obtained.

The validity of the hypothetical formation

This type of honesty was achieved by calculating the discriminatory power of paragraphs and internal consistency.

Stability

"The fixed scale is the one that gives the same result if it is applied to the same individuals under the same conditions." The researcher used two methods to obtain the stability of the measure of orientation towards the dimensions of mathematical excellence, which are:

The method of split-half of the scale of orientation towards the dimensions of mathematical excellence

The scale items were divided into two halves, the first includes odd items (24) and the second includes even items (24), then the correlation coefficient was extracted between the total scores of the two halves using the simple correlation coefficient (Pearson) by means of the statistical bag (spss), where the correlation coefficient

was (0.879). Whereas, the extracted correlation coefficient means stability for only half of the scale, and to conduct the full test stability for this scale, the (Spearman-Brown) equation was used, as the correlation coefficient reached (0.929), which is a high indicator.

Alpha Cronbach equation

The idea of this method, which is characterized by its consistency and its ability to trust its results, is based on calculating the correlations between the degrees of all the paragraphs of the scale on the grounds that the paragraph is a self-contained scale, and the stability coefficient indicates the consistency of the individual's performance, that is, the homogeneity between the paragraphs of the scale

The main experience on the application sample

After the researchers completed the procedures for constructing and designing a scale of altruistic behavior and codifying the two scales of orientation towards dimensions of sporting excellence and self-esteem, the main experiment was conducted on 3/26/2021 on a sample of (advanced) football players and a number of They are (60) players.

Statistical Means

The researchers used statistical methods to process the data that matched the objectives of the study in order to reach the results using the statistical package for social sciences (spss), which are:

1. The arithmetic mean.
2. The standard deviation.
3. The percentage.
4. torsion.
5. Simple correlation coefficient (Pearson)
6. Spearman-Brown coefficient.
7. Standard grades Z and T.
8. Chi-square.
9. standard error.

Presentation, analysis and discussion of the results

Presenting and discussing the results of the altruistic behavior scale of the research sample

Which was achieved in light of the procedures for building the scale and identifying this goal from Table (6), which shows the arithmetic mean and standard deviation of football players.

Table (6) It shows the statistical characterization of the research sample on the altruistic behavior scale

the level	the sample	skewness	standard error	standard deviation	Arithmetic mean	the scale
Good	60	-0.084	0,309	14,48	89,24	altruistic behavior

Where the arithmetic mean of the degrees of the research sample was (89.24) and a standard deviation (14.48) and that the value of the standard error was (0.309) and when the torsion coefficient was calculated for the degrees of the sample members, it was equal to (0.084 -), which indicates that the sample members are distributed in a moderate manner. Through these statistical indicators, the researchers found that football players possess altruistic behavior, which is one of the moral and social values, cooperation and exerting effort to give priority to the interest of the group over the private interest and building an ideal society in which individuals relate to each other in an atmosphere of love, affection and giving, and this indicates that The football player has a desire to progress and rise to reach the level he aspires to

This ambition makes him able and ready to bear the arduous training program to reach the high level. Abd al-Hadi Abdo also stressed that it is “a social behavior or act that results in kindness and attention directed to others, with the aim of reducing their pain. This behavior includes the tendency to participate in social services, respect for the feelings and happiness of others, adherence to morals, not violating laws, bearing responsibility towards others, and trust.” And friendliness in others” (Abda, 1989: 19) as emphasized by Zaaan as “the behavior that highlights the preference for the public interest over the private individual interest” (Za’fan, 1993, 18). As for Fromm, he emphasized the importance of the need to integrate with others. Which may express the need of an ideal society in which man is linked to his fellow man in an atmosphere of love, friendliness and sympathy (Al-Ghamry, 1979, p. 175) Harvey Kaufman pointed out that altruism is considered a moral value as it involves sacrificing time and effort in order to make others happy and stay away from Selfishness and providing assistance or giving without waiting for punishment This is confirmed by the results of applying the scale to the research sample, meaning their possession of altruistic behavior with all that carries high values in a way that elevates their relationships and the level of their performance. Hence, when we review the results of the sample, the Altruistic behavior shows us that the sample members enjoy altruistic behavior in a gradual manner and in varying proportions between good and average, while some sample members have a weak level of altruistic behavior as shown in Table (7)

Presenting and discussing the levels of altruistic behavior of the research sample:

Where this goal was achieved after applying the scale to the research sample, and this goal was identified through Table (7), which shows the standard levels of the altruistic behavior scale.

Table (7) It shows the standard levels of the altruistic behavior scale by the standard score method

The ratio	Repetition	Degree normative	Raw grade	levels
%23.33	14	80-68	93or more	Very well
%41.33	25	68-56	92-79	Good
15th%	9	56-44	78-65	Average
%11.66	7	44-32	64-51	Acceptable
%8.33	5	32-20	50min	weak

From Table (7), we note that more than half of the sample members fell within the good level of altruistic behavior, as the repetition was (25) players from the research sample out of (60) players of this level, and depending on the criteria adopted by this study, their repetition falls within The level is (56-68), while the other levels are of (very good) with a rate of (23.33%), where it was within the level (68-80) and at the average level with a percentage of (15%), which was within the level (44-56) and the other level It is the acceptable, which was (11.66%), which was within the level (32-44) and after the weak level by (8.33%), which was within the level (20-32) n The level of the difference has been graded from very good to weak This can be explained by the difference in the sporting potential of each player and his self-esteem in setting goals to be achieved according to his physical, skill, planning and psychological numbers, especially if these goals are moral and of high value and far from material goals despite the absence of intersection between the material and moral goal. This was confirmed by Teres (2002) "If we review the goals of the champions, we will find that most of them are devoid of material gain, despite the presence of the desire for material gain. 1) This is what is confirmed by (Saleh Al-Sane') about the person's desire to be distinguished for his personality and self-satisfaction, and to satisfy his internal motives to reach the demand (2) Since this feature needs solidarity among the team members as a whole in addition to the coach and the assistant staff, it needs determination, determination, familiarity and encouragement to achieve what The players aspire to it, and from here, any shortcoming on the part of one of the team members will lead to wasting the effort. The results concluded that there is a not small percentage of the levels of players between the acceptable and the weak who had shortcomings in the psychological aspect that may be the result of the lack of availability of the simplest elements of training and may be The presence of a percentage at low levels is caused by the pressures that generate tension and emotion in the player in a way that makes him do not want to cooperate with others, and this is consistent with what (Down Schultz) mentioned that the psychological deficiency, the lack of encouragement and the increase in enthusiasm Q and willpower in the face of difficulties affect the players in terms of their desires and tendencies to progress, continue and conquer difficult circumstances

Presenting and discussing the results of the scale of orientation towards the dimensions of sports excellence among the research sample :It was achieved in light of the procedures of Chapter Three (Research Procedures) and the application of the scale to the research sample, and identification of this goal through Table (8)

Table (8) It shows the statistical characterization of the research sample on the scale of orientation towards mathematical excellence

the sample	hypothetical mean	skewers	standard error	standard deviation	Arithmetic mean	the scale
60	163	0,619	0,309	25,66	175,21	orientation

Through Table (8), we note that the sample has achieved on the scale of orientation towards the dimensions of mathematical excellence an arithmetic mean (175.21) and a standard deviation (25.66). While when the hypothetical mean was extracted, it equals (163). When comparing the hypothetical mean of the scale of orientation towards the dimensions of mathematical excellence, which is (163), we find that the arithmetic mean of (175,21) is higher than the hypothetical mean and this indicates that the research sample possesses a good level of orientation towards the dimensions of sports excellence, and this shows that the players have certain dimensions that can be reached through the psychological preparation for orientation and the athlete's ability to focus mentally and intellectually and sports training by adhering to the coach's instructions. It also comes through the long experience that the player possesses, since the players are of an elite degree, and this is an important factor in improving the psychological state, as the training process needs many requirements, including the psychological dimensions that enable the athlete to respond correctly in the different sports situation that determines the level of The players. This is confirmed by (Adel Abdel Basir) "The practice of any sports activity from a psychological point of view requires many requirements for the changing situation during the practice of sports activity and adaptation to suit situations, and accordingly its level and effectiveness in sports competition the researchers believe that we cause this result. Which is the fact that the research sample is of the elite degree, meaning that the players have long years of practice in the game of football, where they were able to gain experience from years of continuous training. He went through and played matches with different sports clubs, readiness, psychological preparation, and experience to reach sporting excellence. (Ashraf Muhammad Ali and Muhammad Ibrahim Mahmoud) indicated that "the more the player's experience increases and his knowledge is distributed, the more accurate and greater his ability to control his emotions becomes in using them in the future, and his performance becomes rapid and develops." his thinking.) "

Presenting and discussing the results of the relationship between altruistic behavior and the tendency towards dimensions of excellence for the research sample :To identify the relationship between altruistic behavior and orientation towards dimensions of mathematical excellence through table (9)

Table (9) It shows the arithmetic means, standard deviations, the calculated (t) value and its statistical significance Between the two scales of altruistic behavior and the orientation towards dimensions of athletic excellence

Sig	r. value	standard deviation	Arithmetic mean	sample number	Variables
		14,48	89,24	60players	altruistic

0.000	0.765				behavior
		25,66	175,21	60players	orientation

From Table (9) it was found that the arithmetic mean value of the altruistic behavior scale amounted to (89.24) and a standard deviation (14.48), while the arithmetic mean value of the Orientation Scale is about mathematical excellence (175.21) and a standard deviation (25.66), and this indicates However, there is a significant correlation between altruistic behavior and orientation towards dimensions of sports excellence, and the researchers believe that the player who possesses altruistic behavior is characterized by self-control, respect for others, responsibility, solidarity, sacrifice and adherence to the coach's directives, has created a state of balance, psychological compatibility and brotherhood among the players in order to overcome difficulties Which confronts the team in the sports competition and is psychologically prepared to compete in the matches and will have an orientation towards the dimensions of sports excellence. This is confirmed by (Mohamed Hassan Allawi) that the player's readiness to face competition situations

Sports and trying to excel in the light of a specific criterion of excellence by showing the largest possible amount of activity, effectiveness and perseverance as an expression of the desire to struggle and struggle to achieve some championship or excel in sports competition situations. Altruistic behavior is at the forefront of psychological variables, as it grows and develops with cooperation, steadfastness and encouragement, in which the player is ready to abide by social standards and controls, especially when it stems from self-confidence. One of the reasons for possessing this behavior is that the player grows up in a positive environment so that he becomes confident in himself and his ability. This is confirmed by (Ahmed Mahmoud Ali Badr) in order for the player to rise to his level, he must receive support, appreciation and encouragement from the technical and administrative staff of the team Also, "self-control and directing desires and motives to reach our goal.

Conclusions and recommendations

Conclusions

1. The scale that was built is valid for measuring the altruistic behavior of advanced football players.
2. The sample members, with different grades, have achieved a good level of altruistic behavior and have a tendency towards mathematical excellence.
3. Despite the conditions that the country is going through in general and sports in particular from the lack of capabilities and the lack of sports halls, they have altruistic behavior, values and social relations.
4. The higher the level of altruistic behavior, the higher the level of orientation towards sports excellence among the research sample.
5. The members of the research sample, with different grades, have a good level of orientation towards the dimensions of sports excellence.

Recommendations

1. Emphasis on psychological numbers, similar to physical, skill and schematic numbers.
2. Helping the players in difficult circumstances and the factors affecting them and emphasizing the ambition of the players.
3. Orientation towards the scale prepared by the researcher as objective tools.
4. Emphasis on conducting various studies with other variables with altruistic behavior.
5. Take advantage of the altruistic behavior of the trainers to increase social relations.
6. Emphasis on social support among players.

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