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## **The level of incidence of rhinosporidiosis in Nasal Mass in ear, nose and throat**

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**Abstract**---According to Swindle (1935) in the mucous membrane of the nose the arrangement of the blood vessels consists of a superficial venous plexus and a deeper arteriolar System, arranged parallel to the long axis of the nose. The relationship of taking bath in infected pond and agriculture work is explained by the above observation. There is no specific occupational incidence in other of nasal mass in the present series. Out of 8 cases (6.15%) of malignant tumours, sq. cell carcinoma is the most common (66%), in which three cases (37.5%) were sq. cell carcinoma of maxillary sinus, 2 cases of sq. cell carcinoma of nose & 1 case of sq. cell carcinoma of ethmoid sinus. Nasal masses are more common on 2<sup>nd</sup> decade (33.33%) followed by 3<sup>rd</sup> decade (26%). Malignancy of nose /PNS are found in 4-6<sup>th</sup> decade of life. Nasal masses are more common in males (71%)

**Keywords**---*Tumours, Carcinoma, Arteriolar System, Nose, Nasal Mass*

### **Introduction**

According to Swindle (1935) in the mucous membrane of the nose the arrangement of the blood vessels consists of a superficial venous plexus and a deeper arteriolar System, [1] arranged parallel to the long axis of the nose.

The venous plexus is especially marked over the inferior turbinate and the lower part of the septum.[2] It has been shown by Harper (1947) that the main arteries occupy an interosseous position and branches pass from these arteries to form a fine subepithelial plexus.[3] Arterio-venous anastomoses also described in the nasal mucosa, these may play an important part in the control of the erectile tissue[4,5]. The venous plexus drains to the neighboring large veins, the sphenopalatine vein and the anterior facial vein, and from the ethmoidal to the ophthalmic veins, and there are communications with the cerebral veins through the cribriform plate.[6] A communicating vein may pass through the foramen caecum, which lies between the crista galli and the frontal crest.[7] The nerve supply of the mucous membrane is derived from the fifth cranial nerve i.e. trigeminal nerve with the exception of nasociliary nerve, the nerve of the pterygoid canal, the long sphenopalatine nerve,[8] the greater palatine nerve and nasal branches from these sphenopalatine ganglia.[9]

The lymphatic drainage from the anterior part of the nasal cavity is to the submandibular glands through the lymph vessels of the skin of the nose at the back of the pharynx.[10]

## Method

### Material and Methods

The present work comprises of clinical and histopathological assessment of mass in nose, amongst patients attending the Ear, Nose, and Throat out-door department of the V.S.S. Medical College Hospital, Burla during the period December 2009 to August 2011. Patients with a definite mass in nose are admitted to the E.N.T. ward for a thorough clinical study which includes detailed history, routine and special investigations and histopathological assessment of the lesion.

### Observation and Results

Fig no 3. 1 :- Age Incidence

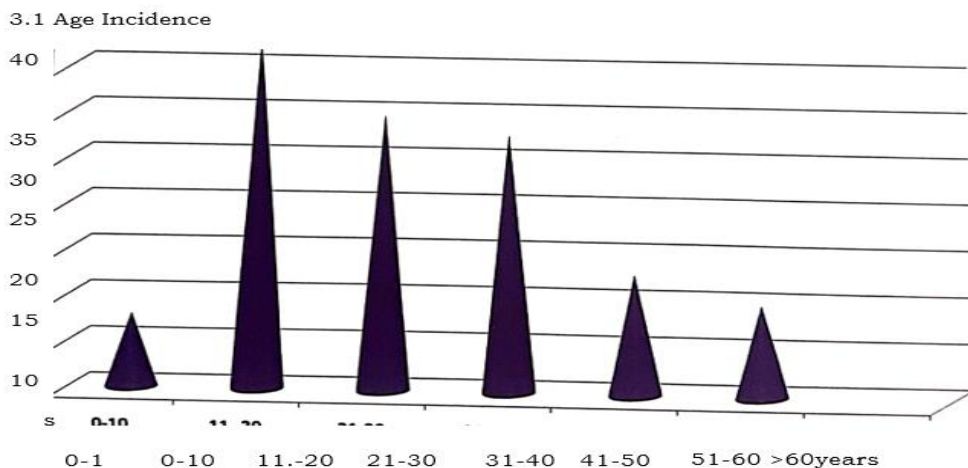


Table -3 . 1 Age Incidence

Si.No.	Type of mass	0-10	11-20	21-30	31-40	41-50	51-60	>60 year
Non-neoplastic								
1	Rhinosporidiosis	3 (6.66%)	15(33.33%)	10(22.22%)	8(17.77%)	8(17.77%)	1(2.22%)	-
2	Antrochoanal Polyp	12(10%)	9 (45%)	6(30%)	3(15%)	-	-	-
3	Ethmoidal Polyp	-	4(22.22%)	5(27.77%)	6(33.33%)	2(11.11%)	1(0.35%)	-
4	Cyst	1(20%)	1(20%)	2(40%)	1(20%)	-	-	-
5	Fungal granuloma	-	-	2(50%)	2(50%)	-	-	-
Bening Tumours								
6	Hemangioma	2(20%)	3(30%)	2(20%)	2(20%)	-	-	-
7	Squamous cell papiloma	-	2(33%)	1(16%)	3(50%)	-	-	-
8	Fibroma	-	-	2(66%)	1(33%)	-	-	-
9	Angiofibroma	-	3 (100%)					
10	Inverted Papilloma					1 (33%)	2(66%)	
11	Neurofibroma		1(100%)					
12	Ossifying fibroma of maxilla				1(100%)			
13	Pleomorphic				1(100%)			
Malignant Tumours								

14	Sq. Cell CA maxilla					1(33%)	2(66%)	
15	Sq. Cell CA Nose						2(100%)	
16	Sq. Cell CA Ethmoid					1(100%)		
17	Adenoid cystic CA Maxilla						1(100%)	
18	Adenocarcinoma						1(100%)	

From Table I it is observed that the nasal masses are more common in 2<sup>nd</sup> decade of life, 4<sup>th</sup> decade being the next in order.

Rhinosporidiosis is observed mostly in 2<sup>nd</sup> Decade (33.33%), next common being the 3<sup>rd</sup> decade (22.22%). This finding is in accordance with the finding of Allen and Dave (1936) Iqbal and dani (1993) However Satyanarayan(1960) Sharma et al (1962) Kutty et al (1963) and purandare and Deoras (1953) found the largest number of case in the age group of 21-30 years, followed by 11-20 years. Antro-chonal polyp is found to be more common in 2<sup>nd</sup> decade (45%) of life. Dale (1982) quote that this disease is more common in childhood and adolescence. Ethmoidal polyp is a disease of adult and the incidence is maximum between 30-40 year of age (Lee 1984) which concedes of malignancy of nose are above 40 years of age with peak incidence at 51-60 years (65%) this finding coincidence of malignancy in nose after the 4<sup>th</sup> decade life. Bahadur et al (1984) found 60% of case above 40 years of age. Sharma et al (1991) in their series found the peak incidence 5<sup>th</sup> and 6<sup>th</sup> decade of life.

3 Cases of nasopharyngeal angio fibroma are seen between 11-20 years of age which coincides with the findings of martin et al (1984) Harrison (1976) and kohali and taneja(1967)

Table 3.2  
it is observed that the nasal masses

S.No.	Type of mass	Male		Female	
		No. of Case	%	No. of Case	%
<b>Non Neoplastic</b>					
1	Rhinosporidiosis	32	71	13	9
2	Antrochoanal polyp	12	54.5	10	45.5
3	Ethmoidal polyp	10	55.5	8	45.5

4	Cyst	3	60	2	40
5	Fungal Garanoloma	3	75	1	25
<b>bening Tumours</b>					
6	Hemangioma	4	40	6	60
7	Squomous cell Papilloma	3	50	3	50
8	Fibroma	2	66	1	33
9	Angiofibroma	3	100		
10	Inverted PApilloma	3	100		
11	Neurpfibroma	1	100		
12	Ossifying fibroma of mxilla			1	100
13	Pleomorphic adenoma	1	100		
<b>malignant Tumours</b>					
14	Sq. Cell CA maxilla	2	66.66	1	33.33
15	Sq. Cell CA Nose	2	100	-	-
16	Sq. Cell CA Ethmoid	-	-	1	100
17	Adenoid Cystic CA maxilla	1	100		
18	Adenoacarcinoma	1	100		

Table No. 1 Shows the incidence of nasal, mass to be higher in males (63.84%) Rhinosporidiosis too predominates in males (71%).

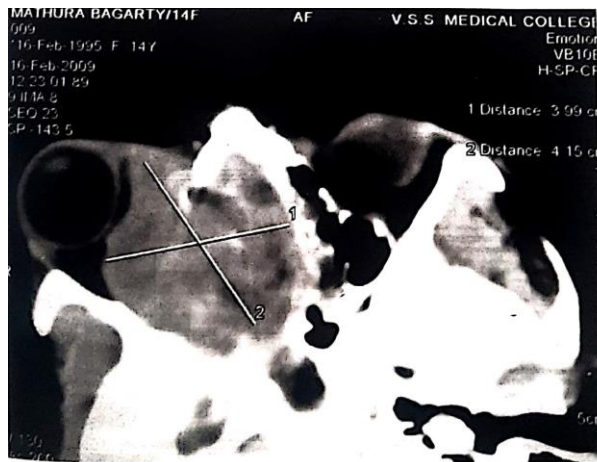


Fig 3.2 Ethmoid carcinoma causin proptosis

Higher incidence in male havr been noted by Purandaare and Deoras (1953) Satyanarayana (1960). Das (1974) and Iqbal and dani (1993) and their findings are consistent with the present series.

Table 3.3  
Incidence By Sex

Sex	Present series	Allen & Dave (1936)	Purandar o Deoras (1953)	Satyanarayana (1960)	Kutty et all (1963)	Das (1974)	Iqbal & Danl (1993)
Male	32	45	99	205	20	27	94
Female	13	15	01	50	02	04	16
Total	45	60	100	255	31	31	110

Antro-choanal polyp and Ethmoidal polyp are more common in male, 54.55,% and 55.5% respectively. Dale (1982) and Drake Lee (1984) found the same incidence in nasal polyp. Of the 8 cases of malignancy, 6 are male and 2 are in female (M:F ratio 3:1). Male predominance had been reported by Bahadur et al (1984) (M:F ratio 1.5:1) and Sharma et al (1986) (M:F ratio 1.28:1). All the 3 cases of nasopharyngeal fibroma are males and this coincide with the findings of Figi (1940) and das (1970).

Table -3.4  
Occupation

Si. No	Type of mass	Cultivation	Student	Service	Business	Miscellaneous
<b>Non- neoplastic</b>						
1	RhinoSporidiosis	30 (66.66%)	10(22.22%)	1(2.2%)	1(2.2%)	3 (6.66%)
2	Antrochoanal Polyp	3 (13.63%)	14(63.63%)	2(9.09%)	1(4.54%)	2(9.09%)
3	Ethmoidal Polyp	8(44.44%)	3(16.66%)	4(22.22%)	1(5.55%)	2(11.11%)
4	Cyst	2(40%)	2(40%)			
5	Fungal granuloma	2(50%)	1(25%)	1(25%)		
<b>Bening Tumour</b>						
6	Hemangioma	3(30%)	5(50%)	2(20%)		
7	Squamous cell Papiloma	2(33.3%)		2(33.3%)		2(33%)
8	Fibroma			1(33%)	1(33%)	1(33%)
9	Angiofibroma		3(100%)			
10	Inverted Papiloma	2(66%)		1(33%)		
11	Neurofibroma	1(100%)				
12	Ossifying fibroma of maxilla	1(100%)				

13	Pleomorphic adenoma	1(100%)				
<b>Malignant tumour</b>						
14	Sq cell CA Maxilla	2(66%)				
15	Sq cell CA Nose	1(50%)				
16	Sq cell CA Ethmoid	1(100%)				
17	Adenoid cystic CA maxilla					1(100%)
18	Adenocarcinoma maxilla sinus					1(100%)

From the table 3 it is found that the incidence of rhinosporidiosis is found more commonly among the cultivators (66.66%) similar observation were reported by Allen and Dev (1936), Karunaratne (1964), Kameswaran (1966), Das (1974).

### Conclusion

The relationship of taking bath in infected pond and agriculture work is explained by the above observation. There is no specific occupational incidence in other of nasal mass in the present series. Out of 8 cases (6.15%) of malignant tumours, sq. cell carcinoma is the most common (66%), in which three cases (37.5%) were sq. cell carcinoma of maxillary sinus, 2 cases of sq. cell carcinoma of nose & 1 case of sq. cell carcinoma of ethmoid sinus. Nasal masses are more common on 2<sup>nd</sup> decade (33.33%) followed by 3<sup>rd</sup> decade (26%). Malignancy of nose /PNS are found in 4-6<sup>th</sup> decade of life. Nasal masses are more common in males (71%)

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