#### How to Cite:

Omair, A. O. M., Jabbar, A. M. A., & Albulushi, M. O. (2023). Recent advancements in laboratory automation technology and their impact on scientific research and laboratory procedures. *International Journal of Health Sciences*, 7(S1), 3043–3052. https://doi.org/10.53730/ijhs.v7nS1.14680

# Recent advancements in laboratory automation technology and their impact on scientific research and laboratory procedures

## Abdullah Omar Mohammed Omair

Lab specialist, Regional eab in Madinah, 0504564755 Email: abooood1405@hotmail.com

#### Abeer Mohammed Abdul Jabbar

Lab Technician, King Fahd Hospital in Medina, 0538058990 Email: ababduljabbar@moh.gov.sa

#### Mustafa Othman Albulushi

Lab Specialist, Nujood Medical Center, 0560685961 Email: malbulushi@moh.gov.sa

> **Abstract**---This article examines the latest developments in laboratory automation technologies and their influence on scientific research and laboratory protocols. The research examines the incorporation of robotic sample handling systems, artificial intelligence and machine learning algorithms, sophisticated software and hardware, and safety improvements in laboratory automation systems. The research emphasizes the advantages of laboratory automation technologies, such as improved efficiency, repeatability, and safety in the laboratory setting. The study also examines the ramifications of automation technology on scientific research, including the hastening of scientific advancements and the creation of innovative remedies and cures. Moreover, the study highlights the obstacles linked to the adoption of sophisticated automation systems, such as the financial and intricate nature of these systems, and the need for specialized education and proficiency. The review further outlines potential future developments in laboratory automation technology, including continued progress in robotics, artificial intelligence, and microfluidics. It also highlights the potential integration of automation technology with new disciplines like synthetic biology and precision medicine. In summary, the research emphasizes the significant impact of laboratory automation technologies in pushing the boundaries of scientific knowledge and innovation. The study emphasizes the need of cooperation among academics, industry stakeholders, and policymakers to encourage the

International Journal of Health Sciences ISSN 2550-6978 E-ISSN 2550-696X © 2023.

Manuscript submitted: 27 Sept 2023, Manuscript revised: 18 Nov 2023, Accepted for publication: 09 Dec 2023

extensive use of automation technology and to tackle the difficulties linked to its implementation.

*Keywords*---laboratory automation, technology, scientific research, laboratory procedures, advancemen.

## Introduction

Laboratory automation technology comprises a broad variety of instruments, equipment, and software meant to automate and expedite different laboratory procedures and processes. The field of laboratory automation has been revolutionized by progress in robotics, artificial intelligence, machine learning, and microfluidics. These breakthroughs have provided researchers with exceptional skills to carry out tests with enhanced accuracy, efficiency, and consistency (Yu et al., 2019).

The field of laboratory automation technology has been undergoing tremendous advancements, fundamentally transforming the methods of scientific research and the execution of laboratory processes. Recent breakthroughs in this domain have greatly improved the effectiveness, precision, and security of laboratory procedures, resulting in dramatic effects on scientific investigation (Hawker et al., 2017).

Academic organizations doing life science research have also embraced the use of mechanized technology specifically intended to automate certain operations. Nevertheless, it is evident that a conventional educational laboratory, typically overseen by a single principal researcher, relies heavily on the manual tasks performed by undergraduate, postgraduate, post-doctoral, and technical workers. A significant number of experimental techniques still strongly depend on researchers personally executing procedures at the laboratory bench (Jessop-Fabre and Sonnenschein, 2019).

In contrary to industrial contexts, corporations have made extensive investments in automation to optimize their outputs and enhance profitability (Hua et al., 2018). Clinical laboratories have also reaped the advantages of implementing automation, which has led to enhanced efficiency and dependability in providing doctors with information pertaining to patients (Lou et al., 2016; Hawker et al., 2017). Thus, the objective of this study is to investigate the most recent advancements in laboratory automation technology and analyze their impact on scientific research and laboratory protocols.

#### Methodology

The study used an organized and thorough strategy to collect, assess, and integrate pertinent material on current improvements in laboratory automation technologies and their influence on scientific research and laboratory processes.

3044

#### **Material Search and Selection**

A methodical search technique was used to find relevant material. PubMed, Scopus, Web of Research, and IEEE Xplore were rigorously searched using specific keywords such as "laboratory automation," "robotics in science," "highthroughput technologies," and similar topics. The search included boolean operators (AND, OR) to enhance the precision of the results and encompassed a range of publishing genres, such as peer-reviewed articles, conference papers, and white papers. In addition, we performed manual searches of important journals and reference lists of pertinent publications to complement the computerized database searches. The search was conducted without any limitations on publication date, resulting in a complete compilation of up-to-date literature on laboratory automation technologies.

#### Inclusion/Exclusion Criteria

The inclusion criteria consisted of academic publications, conference papers, and white papers that specifically addressed contemporary breakthroughs in laboratory automation technology, their applications in scientific research, and their influence on laboratory processes. The literature chosen must provide significant insights into the advancement, execution, and results of laboratory automation technology. The exclusion criteria included the removal of nonacademic sources, opinion pieces, and papers that lacked significant empirical or theoretical value.

## Literature Selection and Analysis

The first search produced a wide range of literature, which was then subjected to a systematic screening procedure to choose pertinent articles for inclusion in the review. The screening method included an initial evaluation of titles and abstracts to find papers that may be relevant. Afterwards, the whole texts of the chosen articles were carefully evaluated to guarantee that they matched the aims and quality requirements of the review. Subsequently, the articles that fulfilled the criteria for inclusion were subjected to further scrutiny in terms of their methodological rigor, theoretical frameworks, and contribution to enhancing our comprehension of current developments in laboratory automation technology.

The literature review was examined via a thematic synthesis methodology, which included identifying recurring themes, developing technologies, and the influence of automation on scientific research and laboratory protocols. The investigation sought to identify similarities and differences in the use of laboratory automation technology in various scientific fields and laboratory environments. In addition, the study conducted a thorough evaluation of the consequences of current developments in laboratory automation technology, providing insights into their capacity to transform scientific research and laboratory protocols. 3046

# **Recent Advancements in Laboratory Automation Technology**

# Laboratory Automation

Lab automation is the integration of typical research procedures and technology, including robots, computers, and liquid handling tools. It decreases or eradicates manual research duties, enhancing experimental efficiency, accessibility, and repeatability (Mellingwood, 2019). Both semi-automated and fully automated processes minimize the need for manual labor, resulting in time savings and a decrease in the likelihood of human error. Nevertheless, academic researchers often encounter obstacles to lab automation due to the expenses involved and the limited availability of equipment. In order to surmount these obstacles, scientists must customize their automation strategy to align with their individual application requirements (Song et al., 2021).

Liquid handling technologies include a spectrum of instruments, ranging from manual devices like micropipettes to completely automated systems like computer-controlled liquid handling workstations (Florian et al., 2020). The progress in laboratory automation technology is causing a significant change in the healthcare profession and altering the methods used for research in life science labs (Holland and Davies, 2020).

# Automated Sample Handling Systems

The creation of robotic sample handling systems is a major breakthrough in laboratory automation technology. These advanced systems have the ability to process several sorts of samples, including liquids, solids, and gases, while carrying out a broad array of operations such as pipetting, diluting, and dispensing. Robotic sample handling devices have revolutionized high-throughput screening, allowing researchers to handle enormous numbers of samples with extraordinary accuracy and efficiency. Automating repetitious sample handling chores has both expedited experimental operations and reduced human error, resulting in more dependable outcomes.

# Automated Research Workflows (ARWs)

Automated Research Workflows (ARWs) are a combination of computing, laboratory automation, and artificial intelligence techniques. They are used for the purposes of formulating and executing experiments, scrutinizing data, and observing natural phenomena. The utilization of ARWs has the capability to greatly expedite the rate of scientific advancement via several factors (Miles and Lee, 2018).

The use of ARWs differs across different fields; however, advancements in several areas are now starting to fulfill the promise of ARWs (Koelmel et al., 2017). For example, in the field of materials science, research teams are constructing systems that use a mix of laboratory automation and machine learning. This integration is significantly reducing the time needed for the synthesis and testing of. An active learning algorithm in drug development successfully identified 57 percent of the active compounds while doing just 2.5 percent of the total tests. In

comparison, a conventional strategy that included constructing a model for each target only identified 20 percent of the compounds (Dara et al., 2022; Xie et al., 2023).

ARWs possess the capacity to significantly enhance the velocity and effectiveness of several study endeavors. Automating and documenting certain processes in the research process enables better transparency and repeatability, which in turn promotes reproducibility, replicability, and accountability in research (Stein and Gregoire, 2019).

# Advantages of Laboratory Automation

# Integration of Artificial Intelligence and Machine Learning

Laboratory automation has recently integrated artificial intelligence (AI) and machine learning (ML) algorithms into operations (Naugler and Church, 2019). These sophisticated algorithms possess the ability to examine extensive information, detect trends, and make well-informed conclusions, thereby improving the effectiveness and excellence of scientific research (Rashidi et al., 2021). AI and ML algorithms may be used to assess intricate biological data, detect prospective drug targets, and enhance experimental settings. Through the use of AI and ML, researchers may gain profound understanding from their data, resulting in more significant scientific breakthroughs (De Bruyne et al., 2022).

## Enhancements to Software and Hardware

The field of laboratory automation technologies has seen substantial advancements in both software and hardware. Specialized software systems have been created to streamline experiment administration, data analysis, and workflow optimization. These systems provide researchers with user-friendly interfaces, tools for visualizing data, and the possibility to automate experimental techniques (Rahmanian et al., 2022). In terms of hardware, advancements in microfluidic technology have facilitated the ability of researchers to do experiments on a smaller scale, enabling precise manipulation of very tiny amounts of liquid. The hardware enhancements result in improved precision and consistency in laboratory protocols (Hammer et al., 2021).

## Impact on Reproducibility

The significance of recent breakthroughs in laboratory automation technologies for the reproducibility of scientific research cannot be overstated. Through the automation of various experimental procedures, researchers may minimize variability and guarantee enhanced consistency in their findings (Goodman et al., 2016). Automation reduces the likelihood of mistakes made by humans, establishes consistent experimental settings, and improves the dependability of scientific discoveries (Kitney et al., 2018). Reproducibility is of utmost importance in disciplines like drug research, especially when it comes to developing effective treatments. The use of AI and ML algorithms also enhances reproducibility by allowing researchers to recognize and alleviate experimental heterogeneity (Benchoufi and Ravaud, 2017).

# **Improvements in Safety Measures**

The advancement of laboratory automation technologies has greatly enhanced safety in the laboratory setting. Through the process of automation, researchers are able to reduce the hazards involved in handling hazardous chemicals or carrying out difficult processes. Robotic systems are capable of performing these jobs with exactness and precision, minimizing the probability of mishaps or contact with hazardous substances. Moreover, laboratory automation systems have included sophisticated safety standards and fail-safe mechanisms to guarantee the secure and regulated execution of experiments (Caragher et al., 2017).

# Significance for Scientific Research and Laboratory Methods

The current progress in laboratory automation technology has extensive consequences for scientific research and laboratory processes. Through the automation of repetitive operations and the optimization of experimental processes, researchers are able to dedicate more time and resources to the cognitive components of their job, therefore promoting creativity and facilitating new discoveries. Automation technology improves efficiency and repeatability, which speeds up scientific discoveries and the creation of new treatments and cures (Schneider,).

Moreover, the incorporation of AI and ML algorithms empowers researchers to derive significant insights from intricate information, resulting in enhanced decision-making and hypothesis formulation. Consequently, this enables the identification of novel areas for study and the enhancement of experimental procedures. Automation technology has a wide-ranging influence on laboratory processes in several sectors, such as clinical diagnostics, drug discovery, and biotechnology (Dwivedi et al., 2021; Singh et al., 2023).

## **Obstacles and Prospects for the Future**

Although recent progress in laboratory automation technology has yielded substantial advantages, there remain obstacles that need attention. For many research organizations, the expense of establishing and sustaining sophisticated automation systems might be too high, creating an obstacle to general adoption. Moreover, the intricacy of these systems may require specific training and experience, therefore requiring investment in education and skill enhancement for researchers (Archetti et al., 2017; Daniszewski et al., 2018).

The process of developing automation equipment may be both time-consuming and costly. The first stages of iterative conceptualization and prototyping are accompanied by the ultimate stages of design, construction, and certification. Effective coordination is essential across multiple fields, involving as mechanical, electrical, and software engineering, in addition to fostering strong engagement with the end user. A crucial aspect for any automation initiatives, however, is securing a reliable source of funding. Economic funding for automation is allocated to company situations where the initial capital expenditure is justified by the predicted sales revenue and the growing trust in the product (Holland and Davies, 2020).

Nevertheless, an academic principal researcher who intends to invest in laboratory automation has a distinct set of obstacles. Unlike industrial and commercial organizations, the output or performance rate of a research laboratory cannot be evaluated using the easily measurable criterion of profit. Scientific research output has always posed a challenge in terms of its definition, both for individual investigators and labs (Abramo and D'Angelo, 2014; Klaus and del Alamo, 2018). Hence, it becomes more challenging to provide a "business" justification when obtaining financial support for laboratory automation technology. The factory management may rationalize the implementation of a new automation system by arguing that while it may have an initial cost of X units of currency, it would result in a profit rise of X + Y units, determined by the same value (Ceroni, 2023).

A clinical laboratory manager may provide a comparable scenario by considering both the financial aspect and the measurable outcome of the turnaround period. However, a scientific laboratory administrator who is requesting for financing may have challenges in justifying the expense of the suggested devices, despite its potential to enhance the laboratory's study results by Y, which is not clearly defined. The lack of clarity on the criteria for research accomplishment poses a challenge for labs that want to allocate resources towards automation (Archetti et al., 2017).

In the future, continuous progress in laboratory automation technology is anticipated to tackle these issues and significantly augment the capabilities of automated laboratory systems. The ongoing advancements in robotics, artificial intelligence, and microfluidics will propel the progress of automation systems that are more economical, easy to use, and adaptable. Moreover, the incorporation of automation technologies into developing domains like synthetic biology and precision medicine has immense promise for enhancing scientific research and healthcare.

## Conclusion

The latest developments in laboratory automation technology have significantly transformed the field of scientific research and laboratory processes, providing researchers and practitioners with unparalleled possibilities. The use of robotic sample handling devices, AI and ML algorithms, sophisticated software and hardware, and safety modifications has resulted in enhanced efficiency, repeatability, and safety in laboratory settings. These technological developments have significant ramifications for scientific research since they empower researchers to carry out tests with enhanced accuracy, velocity, and dependability.

In order to ensure the broad use of automation technology, it is crucial for academics, industry stakeholders, and legislators to work together and tackle the issues that arise in the area of laboratory automation. Through the use of sophisticated automation technologies, the scientific community may enhance creativity, expedite the process of discovery, and eventually enhance human health and well-being.

To summarize, the examination of current progress in laboratory automation technology and its influence on scientific research and laboratory procedures highlights the significant capacity of automation to propel the boundaries of scientific understanding and innovation. By adopting and using automation technologies, we are positioned to discover novel opportunities and propel significant advancements in the quest for scientific superiority.

# References

- 1. Abramo, G., & D'Angelo, C. A. (2014). How do you define and measure research productivity?. *Scientometrics*, 101, 1129-1144.
- 2. Archetti, C., Montanelli, A., Finazzi, D., Caimi, L., & Garrafa, E. (2017). Clinical laboratory automation: a case study. *Journal of public health* research, 6(1), jphr-2017.
- 3. Benchoufi, M., & Ravaud, P. (2017). Blockchain technology for improving clinical research quality. *Trials*, 18(1), 1-5.
- 4. Caragher, T. E., Lifshitz, M. S., & DeCresce, R. (2017). Analysis: clinical laboratory automation. *Henry's Clinical Diagnosis and Management by Laboratory Methods*, 60-65.
- 5. Ceroni, J. A. (2023). Economic Rationalization of Automation Projects and Quality of Service. In *Springer Handbook of Automation* (pp. 683-698). Cham: Springer International Publishing.
- 6. Daniszewski, M., Crombie, D. E., Henderson, R., Liang, H. H., Wong, R. C., Hewitt, A. W., & Pébay, A. (2018). Automated cell culture systems and their applications to human pluripotent stem cell studies. *SLAS TECHNOLOGY: Translating Life Sciences Innovation*, 23(4), 315-325.
- Dara, S., Dhamercherla, S., Jadav, S. S., Babu, C. M., & Ahsan, M. J. (2022). Machine learning in drug discovery: a review. *Artificial Intelligence Review*, 55(3), 1947-1999.
- 8. De Bruyne, S., Speeckaert, M. M., Van Biesen, W., & Delanghe, J. R. (2021). Recent evolutions of machine learning applications in clinical laboratory medicine. *Critical reviews in clinical laboratory sciences*, *58*(2), 131-152.
- Dwivedi, Y. K., Hughes, L., Ismagilova, E., Aarts, G., Coombs, C., Crick, T., ... & Williams, M. D. (2021). Artificial Intelligence (AI): Multidisciplinary perspectives on emerging challenges, opportunities, and agenda for research, practice and policy. *International Journal of Information Management*, 57, 101994.
- 10. Florian, D. C., Odziomek, M., Ock, C. L., Chen, H., & Guelcher, S. A. (2020). Principles of computer-controlled linear motion applied to an open-source affordable liquid handler for automated micropipetting. *Scientific Reports*, *10*(1), 13663.
- 11. Goodman, S. N., Fanelli, D., & Ioannidis, J. P. (2016). What does research reproducibility mean?. *Science translational medicine*, 8(341), 341ps12-341ps12.
- 12. Hammer, A. J., Leonov, A. I., Bell, N. L., & Cronin, L. (2021). Chemputation and the standardization of chemical informatics. *JACS Au*, 1(10), 1572-1587.

3050

- 13. Hawker, C. D., Genzen, J. R., & Wittwer, C. T. (2017). Automation in the clinical laboratory. *Tietz Textbook of Clinical Chemistr y and Molecular Diagnostics, Elsevier, Eds*, 370, e1-e24.
- 14. Holland, I., & Davies, J. A. (2020). Automation in the life science research laboratory. *Frontiers in Bioengineering and Biotechnology*, 8, 571777.
- 15. Hua, S., De Matos, M. B., Metselaar, J. M., & Storm, G. (2018). Current trends and challenges in the clinical translation of nanoparticulate nanomedicines: pathways for translational development and commercialization. *Frontiers in pharmacology*, *9*, 790.
- 16. Jessop-Fabre, M. M., & Sonnenschein, N. (2019). Improving reproducibility in synthetic biology. *Frontiers in bioengineering and biotechnology*, 7, 18.
- 17. Kitney, R., Adeogun, M., Fujishima, Y., Goñi-Moreno, Á., Johnson, R., Maxon, M., ... & Philp, J. (2019). Enabling the advanced bioeconomy through public policy supporting biofoundries and engineering biology. *Trends in biotechnology*, 37(9), 917-920.
- Klaus, B., & del Alamo, D. (2018). Talent Identification at the limits of Peer Review: an analysis of the EMBO Postdoctoral Fellowships Selection Process. *bioRxiv*, 481655.
- 19. Koelmel, J. P., Kroeger, N. M., Ulmer, C. Z., Bowden, J. A., Patterson, R. E., Cochran, J. A., ... & Yost, R. A. (2017). LipidMatch: an automated workflow for rule-based lipid identification using untargeted high-resolution tandem mass spectrometry data. *BMC bioinformatics*, *18*, 1-11.
- 20. Lou, A. H., Elnenaei, M. O., Sadek, I., Thompson, S., Crocker, B. D., & Nassar, B. (2016). Evaluation of the impact of a total automation system in a large core laboratory on turnaround time. *Clinical Biochemistry*, 49(16-17), 1254-1258.
- 21. Mellingwood, C. R. (2019). Amphibious researchers: working with laboratory automation in synthetic biology.
- 22. Miles, B., & Lee, P. L. (2018). Achieving reproducibility and closed-loop automation in biological experimentation with an IoT-enabled lab of the future. SLAS TECHNOLOGY: Translating Life Sciences Innovation, 23(5), 432-439.
- 23. Naugler, C., & Church, D. L. (2019). Automation and artificial intelligence in the clinical laboratory. *Critical reviews in clinical laboratory sciences*, 56(2), 98-110.
- Rahmanian, F., Flowers, J., Guevarra, D., Richter, M., Fichtner, M., Donnely, P., ... & Stein, H. S. (2022). Enabling Modular Autonomous Feedback-Loops in Materials Science through Hierarchical Experimental Laboratory Automation and Orchestration. *Advanced Materials Interfaces*, 9(8), 2101987.
- 25. Rashidi, H. H., Tran, N., Albahra, S., & Dang, L. T. (2021). Machine learning in health care and laboratory medicine: General overview of supervised learning and Auto-ML. *International Journal of Laboratory Hematology*, 43, 15-22.
- 26. Schneider, G. (2018). Automating drug discovery. Nature reviews drug discovery, 17(2), 97-113.
- 27. Singh, S., Kumar, R., Payra, S., & Singh, S. K. (2023). Artificial Intelligence and Machine Learning in Pharmacological Research: Bridging the Gap Between Data and Drug Discovery. *Cureus*, 15(8).
- 28. Song, Y. K., Hong, S. H., Eo, S., & Shim, W. J. (2021). A comparison of spectroscopic analysis methods for microplastics: manual, semi-automated,

and automated Fourier transform infrared and Raman techniques. Marine pollution bulletin, 173, 113101.

- 29. Stein, H. S., & Gregoire, J. M. (2019). Progress and prospects for accelerating materials science with automated and autonomous workflows. *Chemical science*, *10*(42), 9640-9649.
- 30. Xie, Y., Sattari, K., Zhang, C., & Lin, J. (2023). Toward autonomous laboratories: Convergence of artificial intelligence and experimental automation. *Progress in Materials Science*, 132, 101043.
- 31. Yu, H. Y. E., Lanzoni, H., Steffen, T., Derr, W., Cannon, K., Contreras, J., & Olson, J. E. (2019). Improving laboratory processes with total laboratory automation. *Laboratory Medicine*, 50(1), 96-102.