

How to Cite:

Haflongber, D. (2022). A study on adjustment problems of undergraduate students in relation to their socio-economic status. *International Journal of Health Sciences*, 6(S3), 2746–2751. <https://doi.org/10.53730/ijhs.v6nS3.6178>

A study on adjustment problems of undergraduate students in relation to their socio-economic status

Dipalee Haflongber

Assistant Professor, Nowgong College (Autonomous), Nagaon, Assam, India
Email: haflongberdipalee@gmail.com

Abstract---The society is constantly changing with the passage of time. Therefore, the human needs are also changing day by day. As a result the human beings are facing the adjustment problem with the drastically changing scenario of the society. They always try to adjust with the society. The major objective of the study is to identify the adjustment problems of undergraduate students in relation to their socio-economic status. Descriptive survey method was used for the present study. Proportionate random sampling was used for selecting the sample. Percentage and coefficient of correlation were use for analysis and interpretation of the collected data. The result of the study shown that there exists high relationship between the adjustment problems and socio-economic status of undergraduate students.

Keywords---adjustment problems, socio-economic status, undergraduate students.

Introduction

Science and technology is an inseparable part of modern society. Development of science and technology leads to the change in every aspects of individual and social life like communication system, administration and education system etc. Therefore the human being also must require having knowledge of science and technology to adjust with the changing scenario, for which education is very much essential for every social member. Socio-Economic status is regarded as one of the important variable in social science research. It has been and is being included frequently as a variable in studies in Psychology, Education and other Social Science streams. Socio-Economic status (SES) is a measure of an individual's or family's economical and social position based on education, occupation and income.

Significance of the study

Adjustment problem is a major problem of the present society. Fregussion & Woodward (2000) shown that the children of low socio-economic status families were at risk from a variety of adjustment problems. Surekha (2008) in her research shown that students of private schools were better adjusted than the students of government schools. In academic achievement, the students of private schools were better than the students of government schools. The study also shown that there was a negative relationship between the students' adjustment and academic achievement. From the review of related literature it was found that very few studies were conducted on adjustment problems and its relation with socio-economic status in Assam, partially in Hojai district. So, the researchers interested to study the adjustment problems of undergraduate students in relation to their socio-economic status with special reference to Veer Demalu Memorial College of Hojai District.

Area of the study

Veer Demalu Memorial College is located at Lalungdubi village of Hojai District. On the east of the college Lanka to Haflong Road, in west Kharikhana, in North Lalungdubi and in South Forest Bazar Market situated. The college has only Arts stream. The nearest town from Veer Demalu Memorial college is Lanka.

Objective of the study

Objectives of the study were as following:

- To find out the relationship between adjustment problems and socio-economic status of undergraduate students.

Hypotheses

In order to achieve objective of the study following hypothesis was formulated:

- H_{01} There exists no significant relationship between adjustment problems and socio-economic status of undergraduate students.

Delimitations of the study

Delimitations of the study were as following:

- Present study has been delimited to the Veer Demalu Memorial College only.
- It has been delimited to the undergraduate Students of Veer Demalu Memorial College only.

Operational definitions

Operational definitions of the study ware as following:

- Adjustment problem: - In the present study adjustment problems indicate the adjustment in five areas namely home, health, social, emotional and educational.
- Socio-economic status: - In the present study socio-economic status indicate the individual's or family's economical and social position based on education, occupation and income.
- Undergraduate students: -In the present study Undergraduate students indicates the Bachelor of Arts (B. A.) students.

Methodology

Methodology of the study were given below:

Method

Descriptive method of research was used for the present study.

Population

All 448 numbers of B. A. students of Veer Demalu Memorial College were regarded as the population of the study, out of which 293 numbers were girls and 155 numbers were boys.

Sample

Proportionate random sampling technique was used for sample selection from the total population. 135 samples were selected by using the same sampling technique. Out of 135 samples 88 students were girls and 47 students were boys. Selected units were the approximately 30% of the total population.

Tool

Investigator used the Adjustment Inventory for College students (AICS) by Dr. A. K. P. Sinha and Dr. R. P. Singh. It measures adjustment in five areas viz. – (i) Home, (ii) Health, (iii) Social, (iv) Emotional and (v) Educational. It contains 102 items out of which area of health contains 15 items, area of Home contains 16 items, social 19 items, emotional 31 and educational 21 items. The criterion for adjustment of students is based on scores gained by students in inventory. Socio Economic Status Scale developed by Rajbir Singh, Radhey Shyam and Satish Kumar was used for the present study.

Techniques used for data analysis and interpretation

The quantitative technique was used for data analysis and interpretation.

Statistical treatment

Coefficient of correlation statistical technique was used for analysis and interpretation of collected data.

Analysis and interpretation of data

Analysis and interpretation of collected data is an important aspect of a study. It is very much essential to obtain a dependable result of the study.

- **Objective 1:** To find out the relationship between adjustment problems and socio-economic status of undergraduate students.
- H_{01} There exists no significant relationship between adjustment problems and socio-economic status of undergraduate students.

Table 1

Table showing the relationship between adjustment problems and socio-economic status of undergraduate students

Variables	N	'r' value	Level of significance
Adjustment problems	135	.91	High correlation
Socio-economic status			

From table no. 1 it has been found that r value was .91. The r value was showing high correlation between adjustment problems and socio-economic status. So the formulated null hypothesis there exists no significant relationship between adjustment problems and socio-economic status of undergraduate students was rejected.

Major findings

Major findings of the study were as following:

- The calculated 'r' value was .91. The r value was showing high correlation between adjustment problems and socio-economic status of undergraduate students.

Conclusion

In conclusion we can say that the formulated null hypotheses there exists no significant relationship between adjustment problems and socio-economic status of undergraduate students was rejected. That means there has existed significant relationship between adjustment problems and socio-economic status of undergraduate students. It is also suggested to study the adjustment pattern of undergraduate students belonging to various streams i. e. Commerce, Arts and Science. On the basis of the findings it is suggested that undergraduate students should be given orientation treatment at the time of admission for better adjustment.

References

1. Berhane T, Ephrem R., and Gaikar V., (2021) 'Leadership Styles and School Performance: A Study Within an Eritrean Context of Eastern Africa, 'International Journal of Management (IJM)'. Volume:12, Issue:4, Pp.:56-73.

- https://www.iaeme.com/MasterAdmin/uploadfolder/IJM_12_04_007/IJM_12_04_007.pdf
2. Cherian, J.; Gaikar, V.; Paul, R.; Pech, R. (2021) Corporate Culture and Its Impact on Employees' Attitude, Performance, Productivity, and Behavior: An Investigative Analysis from Selected Organizations of the United Arab Emirates (UAE). *J. Open Innov. Technol. Mark. Complex.* 2021, 7, 45. <https://doi.org/10.3390/joitmc7010045>
 3. Cherian, Jacob; Jacob, Jolly; Qureshi, Rubina; Gaikar, Vilas. (2020). "Relationship between Entry Grades and Attrition Trends in the Context of Higher Education: Implication for Open Innovation of Education Policy" MDPI, Switzerland, *Journal of Open Innovation Technology, Market and Complexity*, Vol- 6, Issue- 4: 199. <https://www.mdpi.com/2199-8531/6/4/199>.
 4. Fregusson, D. M. & Woodward, L. J. (2000) Educational, Psychology & Sexual Outcomes of Girls with Conduct Problems in Early Adolescence, *A Child Psychol Pschiatry*, 41, 779-792.
 5. Gaikar Vilas B. and Sameer Aziz Lakhani (2019), 'Study of Demographic Variables on Financial Goal of Urban Individuals' in *International Journal of Research*, Vol. 9 (1), July-December 2019, Pp. 24 - 34. <http://internationaljournalofresearch.co.in/International%20Journal%20of%20Research,%20Vol.%209%20Issue%201,%20July-Dec%202019,%20ISSN%202231-6124.pdf>
 6. Gaikar, Vilas. and et al, (2021), 'An impact of covid-19 on virtual learning: The innovative study on undergraduate students of Mumbai Metropolitan Region', *Academy of Strategic Management Journal* Volume 20, Special Issue 2, Pp. 1-19. <https://www.abacademies.org/articles/an-impact-of-covid19-on-virtual-learning-the-innovative-study-on-undergraduate-students-of-mumbai-metropolitan-region.pdf>
 7. Jacob Cherian and et. Al. (2020), 'Do leadership styles impact organizational performance in the UAE context? A study' *International Journal of Mechanical Engineering and Technology (IJMET)*, Volume 11, Issue 9, 2020 Pp. 23-32 <http://www.iaeme.com/ijmet/issues.asp?JType=IJMET&VType=11&IType=9>
 8. Kochhar, S. K. (2004) *Pivotal Issues In Indian Education*, Sterling Publishers Pvt. Ltd., New Delhi, Page No.: 225-233.
 9. Koul , L. (1999) *Methodology of Educational Research*, Vikas Publishing House Pvt. Ltd., New Delhi.
 10. Paul Raj P and et. Al. (2020), 'Impact of Web Content on Profitability and Market Share of Selected Newspapers: A Case Study of United Arab Emirates (UAE)', *International Journal of Management (IJM)*, Volume 11, Issue 10, October 2020, pp. 105-116. <http://www.iaeme.com/IJM/issues.asp?JType=IJM&VType=11&IType=10>
 11. Sameer Aziz L., et. al. (2020). 'Demographic Variables Influencing Financial Investment Of Urban Individuals: A Case Study Of Selected Districts Of Maharashtra State', *International Journal of Advanced Science and Technology (IJAST)*, 29(05), Pp.962 - 974. <http://sersc.org/journals/index.php/IJAST/article/view/9749>
 12. Surekha (2008) *Relationship Between Students' Adjustment And Academic Achievement*, *Edu. Track*, 7(7), 26-31.

13. Tedla, B. A., & Gaikr Vilas B. (2022). An essence of leadership, its styles: A review and personal account commentary. *International Journal of Health Sciences*, 6(S2), 175–183. <https://doi.org/10.53730/ijhs.v6nS2.5083>
14. Tedla, B.A., Gaikar Vilas, Redda E.H. (2021). The Nature and Ambiguous Role of Secondary School Department Heads in the Eritrean Educational Context. *Journal of Management Information and Decision Sciences*, 24(S6), 1- 15. <https://www.abacademies.org/articles/the-nature-and-ambiguous-role-of-secondary-school-department-heads-in-the-eritrean-educational-context.pdf>