Fascial space infection patients reporting to department of oral and maxillofacial surgery at Dasmesh Institute of Research and Dental Sciences, Faridkot: A retrospective study

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Abstract---This aim of this study is being conducted to assess the incidence of fascial space infection and its management in patients presenting to department of Oral and Maxillofacial Surgery at Dasmesh Institute of Research and Dental Sciences, Faridkot. This retrospective study was done the in the Department of Oral and Maxillofacial Surgery Dasmesh Institute of Research and Dental Sciences, Faridkot, India, from January 2015 to December 2020. Total 84 fascial space infection record of previous five year patients (reporting to Department of Oral and Maxillofacial Surgery was
evaluated. Patients reported with fascial space infection with age group from 16-70 yrs and ASA I & I were included in this study. The age group most commonly involved was in the third and fourth decades of life. The mean age group was 33.55. Males (55.95%) were more commonly involved than females (44.05%). The most commonly involved space was Right submandibular space infection (17.86%) followed by left submandibular space infection 15.48, R buccal space infection (9.52%), Left buccal space infection (7.14%), Right infraorbital space infection (7.14%), Left pterygomandibular space infection (7.14%),Space infection wrt left submandibular space, submental space, left sublingual space(5.95%), Masticatory space infection with impending submandibular + submental cellulitis (5.95%), Space infection wrt left submandibular space(4.76%), Left Masticatory space infection and Space infection bilateral submandibular, submental, Chronic RT buccal space infection(3.57%) each and Mental space infection was present in very low concentration (1.19%).Preexisting dental infections are the commonest causes of fascial space infections of the head and neck region. Regular dental visits may enhance early detection and treatment of dental ailments, thereby preventing development of fascial space abscess or cellulitis.

**Keywords**---space infection, head, neck, submandibular, cellulitis.

**Introduction**

Since Galen’s time in the second century, fascial space infection has been identified and documented. Man’s battle against microbes stretches back to ancient civilisation Chaulmoogra oil was used by ancient Indians to treat leprosy.’ Bacterial infections in the head and neck area are mostly caused by pre-existing dental caries-related sequelae such as pulps and apical periodontitis, pericoronitis, or periodontal disorders. Tonsillitis, gunshot wounds, peritonsillar or parapharyngeal abscesses, mandibular fracture, oral lacerations/piercings, or submandibular sialodentitis are all known causes. Anatomical and microbiological variables, as well as host resistance deterioration, might result in the development of a localised odontogenic infection into a maxillofacial space infection if sufficient therapy is not received in the early stages (MSI). In rural regions with poor oral hygiene, acute space infection in the fascial spaces of the neck is frequent. Regular dental checkups may improve early identification and treatment of oral problems, avoiding the development of fascial space abscess or cellulitis. Despite this, even after decades of investigation, humanity has not been able to completely eradicate microbial diseases. 2-s Domkg’s discovery of sulfonamides and Alexander Fleming’s discovery of penicillin are hopeful tendencies toward microbial infection conquest. Although Penicillin was thought to be the long-awaited cure for tooth infection, the bacteriological spectrum of the oral flora and our awareness of its complexity have evolved rapidly since its introduction, and microorganisms are still one step ahead. Antibiotics that are newer and more powerful have also met with fierce opposition. Treatment of localized infection was probably the first primitive surgical procedure performed, and it most likely involved the opening of bulging abscesses with sharp stones or
pointed sticks. Even today the principle remains the same though the technique has improved.' A greater number of medically impaired patients with changed defence systems, a shift in oral microbial flora toward more resistant forms, and a shift in the efficacy of traditional antibiotic therapy have all raised the risk of catastrophic tooth infection sequelae." As a result, knowing the pathogenesis and correct therapy of oral infections is essential for the dental practitioner. Deaths and complications have also been decreased as a result of prompt intervention and the availability of newer antibiotic treatment with broad-spectrum coverage. However, some cases of deep facial space infections are difficult to treat, particularly in immunocompromised individuals such as those with HIV or diabetes, where the spread can be very fast and cause morbidity and death. Most patients receive treatment in the form of incision and drainage, along with the prescription of broad-spectrum antibiotics. When the airway is damaged, other life-saving procedures, such as tracheostomy, may be necessary.6

Material and Methods

This retrospective study was carried out in the Department of Oral and Maxillofacial Surgery, Dasmesh Institute of Research and Dental Sciences, Faridkot, India, between January 2015 and December 2020, with the consent of the protocol review committee and the institutional ethics committee. After obtaining informed consent, a comprehensive history was obtained from the patient or family members. A total of 84 patients' facial space infection records over the preceding five years (reported to the Department of Oral and Maxillofacial Surgery) were reviewed.

Inclusion criteria

Patients reported with facial space infection with age group from 16-70 yrs. ASA I & II.

Exclusion criteria

All medically compromised patients. Data collection and analysis: All collected information was entered in excel sheet. Analysis was done in the form of percentage and mean values.

Results

Extraction was performed, followed by incision and drainage. In a few situations, just extraction was performed. Needle aspiration and collection of samples with a swab through an incision were performed, and the samples were submitted to a range of tests, including clinical effectiveness of antibiotics. The most prevalent age group engaged was in their third and fourth decades of life. The average age group was 33.55 years old. Males were more likely to be involved (55.95%) than females (44.05%). The most commonly involved space was right submandibular space infection (17.86%), followed by left submandibular space infection (15.48), right buccal space infection (9.52%), left buccal space infection (7.14%), right infraorbital space infection (7.14%), left pterygomandibular space infection (7.14%), and left pterygomandibular space infection (7.14%). Masticatory space
infection with imminent submandibular + submental cellulitis 5.95 percent, Space infection wit left submandibular space 4.76 percent, Left Masticatory space infection and Space infection B/L submandibular, submental, Chronic RT buccal space infection 3.57 percent each and Infection of the mental space was found in a small number of people (1.19%).

<table>
<thead>
<tr>
<th>Gender</th>
<th>Number</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Male</td>
<td>47</td>
<td>55.95</td>
</tr>
<tr>
<td>Female</td>
<td>37</td>
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<table>
<thead>
<tr>
<th>Age in Years</th>
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<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Below 30</td>
<td>31</td>
<td>36.90</td>
</tr>
<tr>
<td>30-40</td>
<td>22</td>
<td>26.19</td>
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<tr>
<td>40-50</td>
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<td>23.81</td>
</tr>
<tr>
<td>50-60</td>
<td>8</td>
<td>9.52</td>
</tr>
<tr>
<td>Above 60</td>
<td>3</td>
<td>3.57</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Diagnosis</th>
<th>Number</th>
<th>Percentage</th>
</tr>
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<tbody>
<tr>
<td>Submental space infection</td>
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<td>3.57</td>
</tr>
<tr>
<td>Right submandibular space infection</td>
<td>15</td>
<td>17.86</td>
</tr>
<tr>
<td>Left submandibular infection</td>
<td>13</td>
<td>15.48</td>
</tr>
<tr>
<td>Right buccal space infection</td>
<td>8</td>
<td>9.52</td>
</tr>
<tr>
<td>Left buccal space infection</td>
<td>6</td>
<td>7.14</td>
</tr>
<tr>
<td>Right infraorbital space infection</td>
<td>6</td>
<td>7.14</td>
</tr>
<tr>
<td>Chronic right buccal space infection</td>
<td>3</td>
<td>3.57</td>
</tr>
<tr>
<td>Impending Ludwig’s angina</td>
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<tr>
<td>Ludwig Angina</td>
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</tr>
<tr>
<td>Space infection w.r.t Left submandibular space + Submental space + Left sublingual space</td>
<td>5</td>
<td>5.95</td>
</tr>
<tr>
<td>Left pterygomandibular space infection</td>
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<td>7.14</td>
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<tr>
<td>Masticatory space infection with impending</td>
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</tr>
<tr>
<td>Submandibular + Submental Cellulitis</td>
<td>5</td>
<td>5.95</td>
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<tr>
<td>Left masticatory space infection</td>
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<td>3.57</td>
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<td>3.57</td>
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<tr>
<td>Space infection w.r.t Left submandibular Space</td>
<td>4</td>
<td>4.76</td>
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</tbody>
</table>
Figure 1. Gender wise percentage distribution

Figure 2. Age wise percentage distribution
**Discussion**

Bacterial infections in the head and neck area are mostly caused by pre-existing dental caries-related sequelae such as pulpits and apical periodontitis, pericoronitis, or periodontal disorders. Tonsillitis, gunshot wounds, peritonsillar or parapharyngeal abscesses, mandibular fracture, oral lacerations/piercings, and submandibular sialodentitis are all known causes. A periapical lesion, periodontal disease, pericoronal issue, post surgical infection, or direct trauma resulting in epithelial breach might all be the source of maxillofacial infection. These odontogenic ones are most commonly encountered. 7-11 Typically, an
untreated or neglected decaying tooth becomes the root cause of a severe and sometimes fatal infection. In a nation like India, where healthcare providers are scarce and facilities are limited, being unaware of a dental disease worsens the situation. Complications such as retropharyngeal spread and cerebral extension, as well as mediastinal spread and airway obstruction, suggest that these infections can be fatal.2-32 The presentation of the patient’s illness is governed by complicated microbiota, affected teeth, and anatomic spread pathways.23 For certainly, incision and drainage are the major treatments, but identifying the implicated bacteria and sensitivity pattern is a significant aspect of it. Many times, even after adequate surgical treatment, the patient’s condition does not improve; one of the major reasons for this is the presence of resistant bacterial strains and the use of inappropriate antibiotics.23,24

Our study included 84 individuals with orofacial odontogenic space infections. The most prevalent age group engaged was in their third and fourth decades of life. The average age group was 33.55 years old. This observation corresponds to the age distribution described by Hunt et al 25 and Virolainen et al.26 Males were more likely to be involved (55.95%) than females (44.05%). This finding may be compared to the study conducted by Goldberg et al.? Hunt’s study found that females outnumbered males.25 Mandibular first molar was the most common causative tooth followed by mandibular third molar. This finding can be compared with the study by Store et al. ‘1 where third molar was the commonest tooth followed by second and first molars. Right submandibular space infection accounted for 17.86 percent of all infections; followed by left submandibular space infection (15.48 percent), right buccal space infection (9.52 percent), left buccal space infection (7.14 percent), right infraorbital space infection (7.14 percent), left pterygomandibular space infection (7.14 percent), and left pterygomandibular space infection (7.14 percent). Masticatory space infection with impending submandibular + submental cellulitis 5.95 percent, Space infection wit left submandibular space 4.76 percent, Left Masticatory space infection and Space infection B/L submandibular, submental, Chronic RT buccal space infection 3.57 percent each and Mental space infection was present in very low concentration 1.19%. This finding was similar to the findings of Store 11, Goldberg et al.7 Wang 27, Akst 28.

**Conclusion**

Pre-existing dental infections are the most prevalent cause of head and neck facial space infections. Regular dental checkups may improve early identification and treatment of dental problems, avoiding the development of facial space abscess or cellulitis. Early detection and treatment of established infections is critical to avoiding significant morbidity and death, particularly in elderly individuals with an underlying systemic disease.

**References**