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A systemic review on efficacy of homoeopathic medicines in tinea infections (Ringworm)

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Abstract---Homoeopathic cure is based on law of similar, and selection of remedy is based on Constitutional approach in management of any disease. Where the modern system of medicines makes the usage of external application like ointments, fungicides etc. In treatment of any skin infections like ring worm or tinea infections, which leads to suppression or palliation. So the disease tends to recur often and becomes a chronic disease. Removal of local symptoms of the local direction by external application leads to rousing up the internal disease and the other symptoms that previously existed in a latent state side by side with the local affection. So there is a wide scope for proper management and treatment of Tinea corporis in Homoeopathy. As in our system of medicine we do not treat the disease but we treat the individual who is suffering. Through individualization with constitutional remedy (Approach) we can treat both acute as well as the chronic phase of disease, to prevent further recurrence and complications of the disease. 9 articles were collected which are related to the efficacy of homoeopathic medicines in tinea infections. All these articles were collected from various database, year and publishers that is from 2017 to 2021 from the database like Google scholar. All these articles supported the efficacy of homoeopathic medicines in Tine infections (Ringworm)

Keywords---tinea infections, constitutional approach, homoeopathic medicines, suppression, palliation, external applications.

Introduction

The term tinea means fungal infection, whereas dermatophyte refers to the fungal organisms that cause tinea. Tinea is usually followed by a Latin term that designates the involved site, such as tinea corporis, tineacapitis, tineacruris

and tinea pedis. Tinea infections can be difficult to diagnose and treat. [1] Tinea refers to superficial infection with one of three fungal genera *Microsporum*, *Epidermophyton* and *Trichophyton*: - collectively known as dermatophytes. These infections are among the most common diseases worldwide and cause serious chronic morbidity. [2] All three genera of dermatophytes grow in keratinized environments such as hair, skin, and nails. [3] Tinea cruris most commonly affects adolescent and young adult males, and involves the portion of the upper thigh opposite the scrotum. [4] Tinea cruris present with a pruritic erythematous rash with an active scaly palpable edge within which pustules or vesicles may be seen. The infection spreads centrifugally and results in annular patches of varying sizes. [5] Tinea corporis, tinea cruris, and tinea pedis can often be diagnosed based on appearance. Newly developed polymerase chain reaction based techniques, although useful in rapid diagnosis of dermatophytosis, are still not widely available. [6] Skin problems are among the commonest reasons for which people seek Homoeopathic treatment. This systemic review study on efficacy of homoeopathic medicines in tinea infections represents the importance of efficaciousness of homoeopathic medicines in management or treatment of various types of tinea infections.

Methodology

Articles were collected from the database like google scholar from 2017 to 2021 by including key words like:- Tinea infections, Constitutional approach, Homoeopathic Medicines, Suppression, Palliation, External applications. Analyses of various articles, methodology drugs materials used and statistical analyses various studies (see table no 1).

Table 1
Analyses of various articles in purpose of efficacy of homoeopathic medicines in Tinea infections (Ringworm)

Slno	Author	Name of the journal	Title of the article	Year of publication	Drug materials	Statistical analyses	conclusion	reference
1	Renu Bala Amit Srivastava	International journal of health sciences and research	Constitutional treatment of tinea cruris in homoeopathy A case report	Dec 2019	Sulphur was used as a constitutional remedy		It was concluded that constitutional remedies are effective	7
2	Yogeshwaigupta Soniyateja, ankita acharya, vikrant tripathi	International Journal of Advanced Ayurveda, Yoga, Unani,	Effectiveness of Homoeopathy in Tinea corporis and Tinea	12 March 2021	Sulphur was used mostly. Bacillinum and natrum mur also	Paired t test was used.	It was concluded that homoeopathic drugs are effective	8

		siddha and Homoeopathy	tinea corporis- A Prospective, Longitudinal Observational Study.		used in most of the cases and other drugs are also used depending upon the case		in treatment of both tinea corporis and tinea cruris.	
3	Uma bharati	internet	Study the efficacy of homoeopathic medicines for the treatment of dermatophytosis	2 Dec 2017	sulphur	Paired t test was used	The study has proved that homoeopathic medicines are effective in treatment of dermatophytosis	9
4	Dr Sushmita Mudenur	internet	Tinea corporis and homoeopathic management: a case report	13 march 2020	sepia		Tinea can be successfully treated with homoeopathic medicine.	10
5	Dr Siddhartha Pal, S. Seetha Laxmi	international journal of ayush case reports	An evidence based homoeopathic management in tinea corporis- A case report	28 sept 2021	tellurium		This case report shows the positive effect of individualized homoeopathic treatment in tinea corporis.	11
6	Dr Seema Gupta, Dr Pooja Jain	International journal of homoeopathic sciences	Role of homoeopathic medicines in tinea corporis- a case	4 jan 2019	Rumex crispus		This case study shows that homoeopathy has an	12

			study				effective role in tinea corporis,	
7	Piyu Amit Uttam chandani, Aditya DilipkumarPatil	International journal of health sciences and research	Homoeopathy an alternative therapy for dermatophyte infections- A case report	Jan 2019	Rhustox, arsenic albapismel		Homoeopathic medicines for the treatment of dermatophyte infection as an antifungal agent has showed a significant result.	13
8	Poulamy Singaroy, Salema Naaz Tabassum, Smriti Das, Vedajit Fouzdar, Anupam Hazara, Pritam Goswami	International journal of ayush case reports	Efficacy of individualized homoeopathic treatment in the management of dermatophytosis- A case series.	25 dec 2021	Graphytes, rhustox, tuberculinum.		This case series shows efficacy of homoeopathic medicines in tinea infections.	
9	Dr Shrishail M Murgod	International journal of homoeopathic science	The constitutional approach and efficacy of homoeopathic medicine in tinea corporis	2021	Sepia and various drugs have been used depending upon the case		It was concluded that constitutional remedies are effective in tinea corporis.	

Results

From the study of 9 articles all articles supported and proved the efficaciousness of homoeopathic medicines in management of various types of tinea infections.

Discussion

In this review of various articles towards the efficaciousness of homoeopathic medicines in the treatment or management of various types of tinea infections (Ringworm) from 2017 to 2021. Showing that various homoeopathic drugs are there to treat various types of tinea infections effectively. Therefore it was concluded the efficacy of homoeopathic medicines in tinea infections.

Conclusion

Throughout the whole review literature, it was concluded that homoeopathic medicines are effective in treatment or management of various types of tinea infections.

Conflict of interest

Author does not want to show any conflict of interest.

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