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Perspective of nursing students regarding professional services and career: A cross sectional study

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Abstract---Purpose of the study was to assess the Perspective of student nurses towards professional services and Career. This study was done among 88 nursing scholars in selected nursing colleges of Vadodara district, Gujarat, India. About 20.45% of all the selected students were well aware of their profession. The remaining 79.55% of students stands comparatively less aware about their profession. 53.40% of students showed a positive attitude towards the profession.

Keywords---perspectives, student nurses, professional service, career.

Introduction

A dispute grows within nursing regarding the need of an all-graduate profession. This dispute is portion of a superior and basic argument related to the standing of nursing that has really separated the profession. Always the professions seek to improve their position, for whatever motive, by upgrading to more significant type of knowledge. Although, this kind of change might influence the base of the knowledge which the nurses own that can have possible future effects for their practice¹. The ICN says that, a career includes independent and concerted care in ill or healthy beings, their relatives, race, and the society. Care in Nursing contains activities which may help averting disease, helping the care of unwell or failing Clients, and improving the value in Individual health. As of the largest labour force in the system, growing their quantity, and controlling over the retaining is the need of the day².

Nursing is largely regarded as one of the noblest due to the values it endorses in the training, that is the caring of life. Society identifies the nurse, a person who creates the healthcare environment to work for them. Thus, the nurse must be an inevitable part and nursing an important career to the system³. If we look at the in-depth perspectives of nursing students towards Profession and career that may help for relating with their job profile. The information taken from graduate level which means they are able to compete as global nurses after their studies. Their perspective about their profession may influence their professional awareness. Their insight can lead them to be safeguard with full of energy in serving the humanity. Realistic insight regarding the nursing care can help to prioritize need of healthy people over comfort⁴. The real insight towards their career can end up in good personal concept, esteem, and professional satisfaction. Foreseeing the benefits and struggles of student nurses regarding the career may influence their professional satisfaction⁵.

Need for the study

Selecting a career is a vital decision for each, which is influenced by many factors. Entering nursing, as one of the important healthcare professions, certainly affects quality of care, and retention of nurses in the profession. Identifying and knowing the factors affecting students' interest to enter nursing the image of nursing has always been a concern. Making the decision to enter, remain, promote nursing, and continue a career in nursing may be the result of nurses' perspective towards it⁶. A recent study data shows that the nurses who are entering their profession have good image of the profession as per their roles and knowledge. As the career progresses, building up of negative perceptions regarding the profession, influenced by working environment and interactions. An analytical research study compared the need of professional values according to the nurses. As per this, the need of paying attention to values, professionalism and activism, for preparing the students to work inside complex systems⁷.

Aim

Analyse the perspective of Nursing Students regarding Professional services and Career in association with their demographic profile.

Materials and Methods

A Cross sectional method was inculcated here by considering a descriptive research design as the best method to assess the perspectives towards nursing profession and career among Nursing students. The study is conducted in different Nursing College of Vadodara, Gujarat, India, includes both male and female students who are studying BSc. Nursing well as M.SC. Nursing.

Sample

Population for the study in the selected nursing colleges students of Vadodara district. 88 Nursing students were selected using stratified random sampling technique to ensure probability.

Description of Tools

Two different tools were used for the study which includes a questionnaire and a scale to measure the knowledge and attitude of student nurses towards professional services and career.

Data interpretation and results

Data analysis

Descriptive Statistics such as Frequency and percentage distribution were used to describe the demographic variables as well as for classification of Knowledge and Attitude. Inferential Statistics such as A Chi square test was used to find out the association between the research variables with the selected demographic variables of the sample.

Results

Students Knowledge Regarding Professional service and career

Table 1

KNOWLEDGE	FREQUENCY	PERCENTAGE
Good knowledge	18	20.45%
Below Average Knowledge	63	71.59%
Very Poor Knowledge	7	7.95%

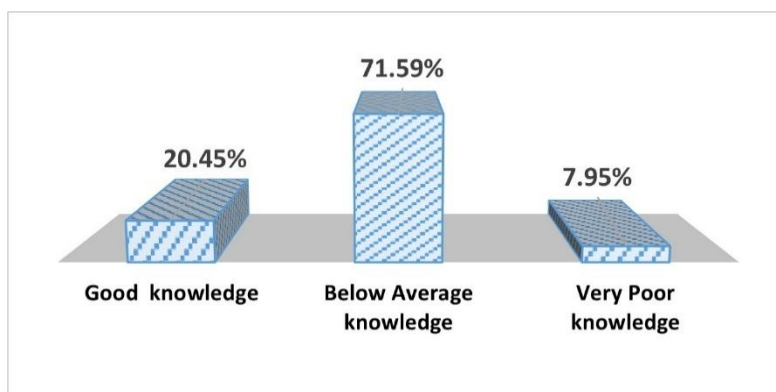


Figure 1

As per the analysis (Table 1 and Figure 1), about 20.45% students were having good knowledge 71.59% students were having average knowledge 7.95% students were having poor knowledge toward professional services and career.

Students attitude Regarding Professional service and career

Table 1

ATTITUDE	FREQUENCY	PERCENTAGE
Positive attitude	47	53.45%
Negative attitude	41	46.55%

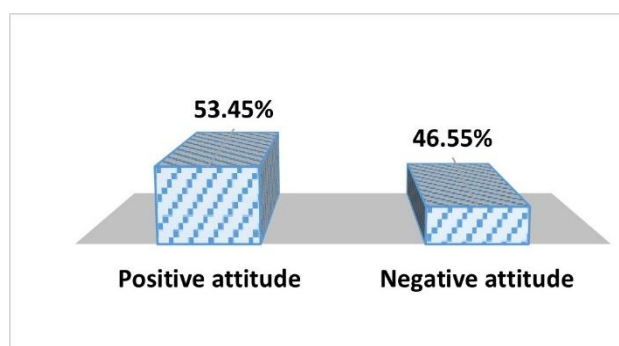


Figure 2

In case of Attitude, as per Table 2 and Figure 2, about 53.40% students were having positive attitude and 46.5% students were having negative attitude toward professional services and career.

Association knowledge and attitude with selected demographic variables

A χ^2 test was done in order to find out if any associative demographic Variable related to knowledge and attitude of Nursing Students. But among the selected demographic variables none of them were able to produce a significant associative effect in the chi-square test.

Conclusion

The study concludes that, nursing students either in the postgraduate level or undergraduate level were less aware about their profession and career. With reference to the study results, majority of the students pursue nursing education, fails to perceive the importance of their noble profession. For every profession a professional body of knowledge is important; even the nursing profession is one of the oldest by its nature, it is unfortunate the student nurses are not perceiving the profession as it is.

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