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The Linearity of X-ray Devices Radiation Output and Its Relationship with Patient Thickness



I Gusti Agung Ayu Ratnawati ^a, Ni Komang Tri Suandayani ^b, Gusti Ngurah Sutapa ^c

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Correspondence Author a

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Abstract

The utilization of X-rays in the medical field is one way to improve public health. X-rays are one of the applications of radiation for radio diagnostics. Xray examination using X-rays can provide information about the human body without the need for surgery. In the use of radiation technology it is realized that in addition to its use for radio diagnostics, X-rays harm the environment and living things around them, especially radiation workers. The impact that can result in cancer due to the accumulation of radiation dose exposure received by the body exceeds the specified threshold dose. Therefore safety standard guidelines that contain basic requirements for quality control (Quality Control -QC) must be obeyed. One of the test activities included in the QC program is the linearity test of X-ray radiation output. This radiation output linearity is a level of radiation output that is proportional to the use of various exposures (kV and mA). Radiation output linearity is the ability of a radiographic aircraft to produce a constant radiation output from various combinations of kV. mA, and X-ray exposure time. The purpose of this study is to determine the linearity of radiation exposure that must be in the tolerance of ≤ 10% of each pair of exposure time with a predetermined exposure. The results of radiation output measurements (mGy) against several exposure values (mAs) show the linear linearity of radiation output. The linearity of Xray radiation output is still at a tolerance below 10%. The patient's body thickness significantly (P≤0.05) received a larger dose.

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- ^a Udayana University, Denpasar, Indonesia
- b Udayana University, Denpasar, Indonesia
- c Udayana University, Denpasar, Indonesia

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1 Introduction

The use of X-rays in the medical field is one way to improve public health. X-rays are one of the applications of radiation for radio diagnostics. X-ray examination using X-rays can provide information about the human body without the need for surgery (Chamber, 1983). In the use of radiation technology it is realized that in addition to its use for radio diagnostics, X-rays harm the environment and living things around them, especially radiation workers. The impact that can result in cancer due to the accumulation of radiation dose exposure received by the body exceeds the specified threshold dose (Carrol, 1985). Therefore the use of X-rays as radio diagnostic in the health sector has been regulated by the government in Government Regulation No. 33 of 2007 concerning Safety of Ionizing Radiation and Security of Radioactive Sources and Decree of the Head of BAPETEN No. 01 / Ka-BAPETEN / V-99 concerning Provisions for Safety with Radiation.

Research on radiation output on X-ray devices has been carried out by Rahayu (2007), comparing the output characteristics of the Toshiba X-ray DRX-1824B model to the Toshiba DRX-1603B Model. The type of X-ray devices used is conventional X-ray devices, the results of this study state that in general measurements of the radiation output characteristics of the two X-ray devices show that both planes are still suitable for use. Oktavina (2009), examined the backscatter coefficient of diagnostic X-ray factors in the RQR (Radiation Qualities in Radio diagnostic) range of ISO Water Slab Phantom, that the backscattering factor in the 12.4 × 12.4 cm radiation field increased with the quality of RQR radiation 5 to with RQR 10. Research by Mukminah et al., (2010); Vallejo et al., (2019), who analyzed radiation output on Mobile X-ray devices, that the linearity of Mobile X-ray radiation output at Dr. Tadjudin Chalid Hospital is still within the limits of allowable tolerance (10%). Other studies have also mentioned the quality of X-ray output showing that leakage of X-ray aircraft units can affect the quality of X-ray output.

Based on the results of research that has been done before, then this research needs to be done on devices models contained in Kasih Ibu Kedonganan Hospital specializes in the quality of X-ray output on the influence of patient thickness.

2 Materials and Methods

The location of the study was at the Radiology Unit of Kasih Ibu Kedonganan Hospital. The study was conducted using the main equipment X-ray devices and radiation dosimeters and observed variables include kV, mA, exposure time, patient thickness and radiation output dose.

The research procedure starts with taking direct radiation output data when testing X-ray devices. For the accuracy of measurement results, data collection was carried out 5 times. With tube voltages ranging from 50, 60, 70, 80 and 90 kV, which are varied with different tube current values (mAs) in each measurement and concerning the thickness of the patient. From the variation in kV, mAs and thickness of the patient (cm) for the AP (*Postero Anterior*) and LAT (*Lateral*) examination. So that the amount of radiation output can be determined in mGy or mA⁻¹.

The research data is quantitative data that is analyzed in a comparative descriptive and statistical way, by looking at and comparing the observations of the research conducted. Data on the average results of the calculation of exposure and patient thickness were statistically analyzed using ANOVA (Analysis of Variance). ANOVA test results were significantly different ($P \le 0.05$) followed by LSD test so that differences can be seen between treatments (Winata, 2009).

3 Results and Discussions

The X-ray planes used in this study are conventional X-ray planes for general radiographic examinations. The direct output of radiation output data is taken when testing X-ray devices. For the accuracy of measurement results, data collection was carried out 5 times. With tube voltages (kV) ranging from 50, 60, 70, 80 and 90 kV, which are varied with different tube current values (mAs) in each measurement and concerning patient thickness. Dose measurements are carried out on two examination projections namely PA and LAT projections. The measurement results can be shown in Figure 1. Graph A shows an examination with a patient's body thickness of 22 cm, graph B for a patient's body thickness of 24 cm, graph C with a patient's body thickness of 27 cm and graph D of a patient's body thickness of 30 cm (Istiyanto, 2015).

Figure 1 shows that the lowest radiation dose for PA and LAT projections occurs at the tube current regulation of 1, 60 mAs and the highest radiation dose occurs at the tube current regulation 25 mAs. The relationship between radiation dose and X-ray tube current shows a linear relationship because the greater the tube current used, the higher the level of film density and the resulting radiation dose (Akhadi, 2000; Sutapa *et al.*, 2018). Bigitu also occurs in X-ray voltage, the greater the voltage used, the greater the X-ray penetrability is also deeper and the radiation dose is greater.

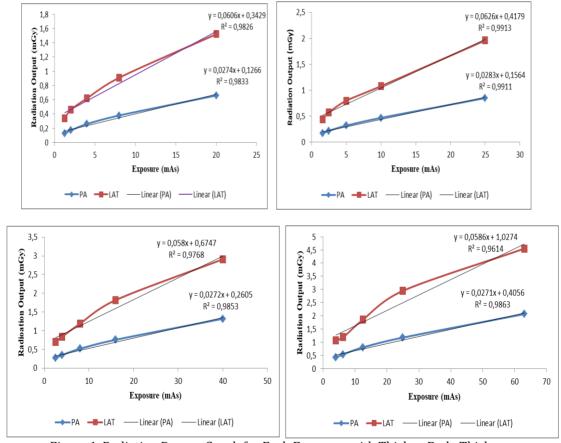


Figure 1. Radiation Dosage Graph for Each Exposure with Thicken Body Thickness

Graph 1A shows that the linearity coefficient in the PA projection is 0.028 and the LAT is 0.063. Graph 1B with linearity coefficient on PA projections is 0.027 and LAT is 0.057. Graph 1C with the linearity coefficient on the PA projection is 0.027 and LAT is 0.058. Graph 1D with the linearity coefficient on the PA projection of 0.027 and LAT of 0.059. The linearity coefficient for all graphs is still below 10% so that X-ray planes can still function properly. The relationship of radiation output dose to tube current is the absorbing dose received by

the patient will be even greater if the voltage and current regulation are increased and also affects the amount of intensity and penetrating X-rays produced. The amount of X-ray intensity that is given greatly affects the quality of the resulting imaging (Sianturi *et al.*, 2018).

The relationship between the thickness of the patient's body with the amount of dose received by the patient gives a more rational picture compared to measurements of body weight. The graph of the relationship between the patient's body thickness and radiation dose can be shown in Figure 2.

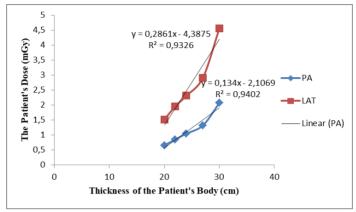


Figure 2. Radiation Dosage Graph of Patient Body Thickness

Figure 2 shows that the change in the thickness of the patient's body is thin, then the increase in radiation dose received by the patient is not so large. But on changes in the thickness of the patient's thick body, an increase in radiation dose received by the patient is very large. So that it can be stated by increasing the patient's body thickness significantly ($P \le 0.05$) can increase the patient's dose reception.

4 Conclusion

All radiation output measurements (mGy) concerning several values of exposure (mAs) show linear linearity of radiation output. X-ray radiation output linearity of Kasih Ibu Kedonganan Hospital with tolerance below 10%. The patient's body thickness significantly ($P \le 0.05$) received a larger dose.

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Biography of Authors



Dra. I Gusti Agung Ayu Ratnawati, M.Si. Talibeng, January 13, 1964. Lecturer in Physics FMIPA Udayana University from 1993 to the present. Lecturer in Biophysics.

Email: iga.ratnawati@yahoo.co.id



Ni Komang Tri Suandayani, S.Si, M.Si. Jemberana, 17 December 1970. Lecturer in Physics FMIPA Udayana University from 1999 to the present. Lecturer in Geophysics.

Email: tri.suandayani@gmail.com



Gusti Ngurah Sutapa is a Physics lecturer with a concentration in the field of Medical Physics expertise. Living in Nuansa Udayana, Jimbaran, Badung, Bali. Telephone: (+62) 87704293386. Born in Gianyar, on July 19, 1967, he graduated with a Bachelor of Physics at Airlangga University Surabaya, 1993 and completed his Masters in Medical Physics at the University of Indonesia Jakarta, 2010. Working in the Physics Study Program, Faculty of Mathematics and Natural Sciences, Udayana University, Bali since 1997.

Email: sutapafis97@unud.ac.id.